



ST. MICHAEL'S EPISCOPAL CHURCH ARLINGTON, VA

SUNDAY, JUNE 9, 2024

THIRD SUNDAY AFTER PENTECOST

Whatever has brought you to worship with this community today, we're so glad you're here. If you're wondering whether there might be something more for you, we hope you'll come back and find out. One of the things we're committed to is finding how our story connects with God's story. We'd love to have your story become a part of our story. The best way to participate in these conversations is to look for announcements about "Being With" courses in our e-newsletter.

Sounds from children, young and old, are a valuable part of our prayer life – not a distraction from it! Families are encouraged to sit in the front of the sanctuary, allowing children as many opportunities to follow along and participate as possible. Should a break be beneficial at any point in the service, the nursery is available for supervised play, and includes a QR code for streaming of the service on any device.

The root of the word liturgy is "the work of the people." Meaning all that happens in the sanctuary with the community who gathers works because of your participation. The beautiful thing about this invitation to participate is that, who we are and what we bring is enough because God meets us here! So don't worry about "doing" anything "right." Whether you've been to Episcopal services for a long time, or this is your first, we hope you'll worship in the way that is most comfortable to you. The service instructions about standing, kneeling, and other directions are intended to help clue you into the habits of this particular community.

The words of our worship service are lifted from the Episcopal (and before that Anglican) tradition. The thing that sets us apart from other denominations is our dedication to Common Prayer. These same words have been used for hundreds of years by people all over the world, and are still used today. The hope of finding ourselves in the midst of this ancient tradition is that we might both learn from those who have come before, and add our own voices to the heavenly chorus.

We are currently offering communion in both kinds, the bread and the wine. Drinking from a common cup, is an essential symbolic practice, a reflection of our theology. We place great emphasis on offering this meal from a single paten (plate which holds the bread) and chalice to symbolize the unity we find in Christ, despite any perceived divisions. We return to the Eucharistic table again and again, because it is only through Christ that we are able to imagine what being unified might look like. Choosing to intinct the bread in the chalice is the least sanitary option, as we risk having many hands in the chalice. Please either drink from the chalice, or refrain from consuming the wine. Whether you would like to receive bread, bread and wine, or a blessing, please know that you are welcome at the Lord's table.

THE WORD OF GOD

Prelude

Procession

On this day, the first of days
Gott sei Dank

Hymn 47

The Holy Eucharist: Rite II

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Song of Praise

Hymn S-280

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with
the Holy Spirit, in the glory of God the Father. Amen..

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Celebrant O God, from whom all good proceeds: Grant that by your inspiration we may think those things that are right, and by your merciful guiding may do them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The First Lesson

1 Samuel 8:4-11, (12-15), 16-20, (11:14-15)

All the elders of Israel gathered together and came to Samuel at Ramah, and said to him, "You are old and your sons do not follow in your ways; appoint for us, then, a king to govern us, like other nations." But the thing displeased Samuel when they said, "Give us a king to govern us." Samuel prayed to the Lord, and the Lord said to Samuel, "Listen to the voice of the people in all that they say to you; for they have not rejected you, but they have rejected me from being king over them. Just as they have done to me, from the day I brought them up out of Egypt to this day, forsaking me and serving other gods, so also they are doing to you. Now then, listen to their voice; only—you shall solemnly warn them, and show them the ways of the king who shall reign over them."

So Samuel reported all the words of the Lord to the people who were asking him for a king. He said, "These will be the ways of the king who will reign over you: he will take your sons and appoint them to his chariots

and to be his horsemen, and to run before his chariots; [and he will appoint for himself commanders of thousands and commanders of fifties, and some to plow his ground and to reap his harvest, and to make his implements of war and the equipment of his chariots. He will take your daughters to be perfumers and cooks and bakers. He will take the best of your fields and vineyards and olive orchards and give them to his courtiers. He will take one-tenth of your grain and of your vineyards and give it to his officers and his courtiers.] He will take your male and female slaves, and the best of your cattle and donkeys, and put them to his work. He will take one-tenth of your flocks, and you shall be his slaves. And in that day you will cry out because of your king, whom you have chosen for yourselves; but the Lord will not answer you in that day.”

But the people refused to listen to the voice of Samuel; they said, “No! but we are determined to have a king over us, so that we also may be like other nations, and that our king may govern us and go out before us and fight our battles.”

[Samuel said to the people, “Come, let us go to Gilgal and there renew the kingship.” So all the people went to Gilgal, and there they made Saul king before the Lord in Gilgal. There they sacrificed offerings of well-being before the Lord, and there Saul and all the Israelites rejoiced greatly.]

Lector The Word of the Lord.

People **Thanks be to God.**

The Psalm

Psalm 138

- 1 I will give thanks to you, O Lord, with my whole heart; *
before the gods I will sing your praise.
- 2 I will bow down toward your holy temple
and praise your Name, *
because of your love and faithfulness;
- 3 For you have glorified your Name *
and your word above all things.
- 4 When I called, you answered me; *
you increased my strength within me.
- 5 All the kings of the earth will praise you, O Lord, *
when they have heard the words of your mouth.
- 6 They will sing of the ways of the Lord, *
that great is the glory of the Lord.
- 7 Though the Lord be high, he cares for the lowly; *
he perceives the haughty from afar.
- 8 Though I walk in the midst of trouble, you keep me safe; *
you stretch forth your hand against the fury of my enemies;
your right hand shall save me.
- 9 The Lord will make good his purpose for me; *
O Lord, your love endures for ever;
do not abandon the works of your hands.

Just as we have the same spirit of faith that is in accordance with scripture—"I believed, and so I spoke"—we also believe, and so we speak, because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence. Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God.

So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens.

Lector The Word of the Lord.

People Thanks be to God.

Sequence

Be thou my vision

Hymn 488

Slane

The Gospel

Mark 3:20-35

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

The crowd came together again, so that Jesus and his disciples could not even eat. When his family heard it, they went out to restrain him, for people were saying, "He has gone out of his mind." And the scribes who came down from Jerusalem said, "He has Beelzebul, and by the ruler of the demons he casts out demons." And he called them to him, and spoke to them in parables, "How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

"Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin"—for they had said, "He has an unclean spirit."

Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, "Your mother and your brothers and sisters are outside, asking for you." And he replied, "Who are my mother and my brothers?" And looking at those who sat around him, he said, "Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother."

Celebrant The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

The Very Rev. Beth Franklin

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Common Worship, Daily Prayer

Leader In peace, let us pray to Jesus our Lord, who ever lives to make intercession for us.

Saviour of the world, be present in all places of suffering, violence and pain, and bring hope even in the darkest night. Inspire us to continue your work of reconciliation today. Lord, in your mercy

People **Hear our prayer.**

Leader Lord of the Church, empower by your Spirit all Christian people, especially Mark and Gail, our bishops, and Beth, our rector; and the work of your Church in every land. Give us grace to proclaim the gospel joyfully in word and deed. Lord, in your mercy

People **Hear our prayer.**

Leader Shepherd and Guardian of our souls, guide and enable all who lead and serve this community and those on whom we depend for our daily needs. Grant that we may seek the peace and welfare of this place. Lord, in your mercy

People **Hear our prayer.**

Leader Great Physician, stretch out your hand to bring comfort, wholeness and peace to all who suffer in body, mind, or spirit. Fill us with compassion, that we may be channels of your healing love. Lord, in your mercy

People **Hear our prayer.**

Leader Conqueror of death, remember for good those whom we love but see no longer. Help us to live this day in the sure and certain hope of your eternal victory. Lord, in your mercy

People **Hear our prayer.**

Leader Let us commend ourselves, and all for whom we pray, to the mercy and protection of God.

Celebrant Let us confess our sins against God.

People God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

We greet one another, passing the peace of God.

Announcements

THE HOLY COMMUNION

Preparation of the Table

Offertory

Presentation of the Offerings

Hymn 380

verse 3

Praise God, from whom all blessings flow;
 praise him, all creatures here below;
 praise him above, ye heavenly host:
 praise Father, Son, and Holy Ghost.

The Great Thanksgiving

EOW Prayer III

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Celebrant All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Holy, holy, holy Lord, God of power and might,
 heaven and earth are full of your glory.
 Hosanna in the highest. Hosanna in the highest
 Blessed is he who comes in the name of the Lord.
 Hosanna in the highest. Hosanna in the highest.

Eucharistic Prayer Continues

Celebrant Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

People Dying, you destroyed our death.
 Rising, you restored our life.
 Christ Jesus, come in glory!

Celebrant Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home. Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

People: Blessed are you now and for ever. AMEN.

Celebrant And now, as our Savior Christ has taught us, we are bold to say,
 People Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done, on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People Therefore let us keep the feast. Alleluia.

Communion *Gluten-free wafers are available.*

Communion Hymn O Jesus, I have promised 655
Nyland

Post Communion Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn Praise to the Lord, the Almighty Hymn 390
Lobe den Herren

Dismissal

Postlude

THIS WEEK AT ST. MICHAEL'S

SUN 6/9 9:30 AM Holy Eucharist II, Children's Worship

SUN 6/16 9:30 AM Holy Eucharist II, Children's Worship

PRAYER LIST FOR THE WEEK OF JUNE 9

In the Anglican Communion, we pray for Province de L'Eglise Anglicane Du Congo. In the Diocese of Virginia, we pray for Grace, Goochland and St. David's, Ashburn. In the region of Arlington, we pray for Trinity.

We pray for leaders of churches everywhere, especially Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Mark and Gayle, our bishops; Beth, our rector; Rosemari, our supply priest; and Drew, our seminarian.

We pray for goodwill among nations; for Joe, our President, Antonio, Secretary General of the United Nations, Glenn, our Governor, members of the Arlington County Board, and all those in authority. We pray for the welfare of those serving our nation at home and abroad, especially Jeremy.

In our Parish Family we pray for Leroy, Sarah, Paula, Norma, Ethan, Beverly, Katheryn, Dwight, Barbara, Lois, Skip, and Michele

In our greater community, we pray for Cindy, George, Emily, Andrew, Roland, Henry, Susan, Martha, Betty, Laura, Pat, Beth, Jen, George, Peggy, Jon Rucker, Jr., Susan, Keith, Doug, Colby, Sarah, August, Barbara, Alan, Katie, Paul, Ben, Mae, Esther, Marina, Gordon, Megan, Jim, Margee, and Bob.

We remember all those who have died.

WEEKLY FORMATION OFFERINGS

CHILDREN'S WORSHIP

Children who are four or older, are invited to follow the second cross to Children's Worship at the end of our opening processional. Children of any age are welcome, but need to be accompanied by a parent if younger than four.

Please be in touch with our Minister of Children and Families, Karen Ruff (familyministry@stmichaelsarlington.org) to learn more about this weekly offering.

STORY CORE

Story Core will be in recess for the summer months. Stay tuned for more information about other upcoming formation opportunities.

OFFICE HOURS UPDATE

Rector's office hours: The rector will be available at the following times regularly, and as needed at times outside of these windows. The best way to find a time to meet with Beth is to email her directly.

Monday, Wednesday, Thursday: 8 AM-4 PM

Tuesday: 12 PM-8 PM

Parish office hours are Tuesday-Thursday, 10 AM-3 PM.

INTERESTED IN DEEPENING YOUR FAITH AND ACTION IN THE WORLD?

EfM stands for “Education for Ministry” and the program operates through small seminar groups across the globe. It is a program that encourages an informed and knowledgeable laity able to live into its own call to follow Christ. The program invites participants to experience: Community Life, Regular Prayer & Worship, Study of Hebrew-Christian scripture, Theological Reflection, and Vocational Discernment.

By engaging these core practices, we open ourselves to fulfill our calling/ministry in the world.

There are two local options to consider:

1. EfM St. Michael’s meets on Thursday mornings (9:30 AM–12 PM) in person at the church, with an option for Zoom when needed. We will resume meetings after Labor Day. Contact Beth Cavey to discuss further.
2. EfM Falls Church Episcopal meets on Tuesday evenings from 6:30-8:30 beginning Sept. 17, mostly on Zoom (in-person meetings every two months). Contact Mary Cushing to discuss further.

RECENT REPORTS OF PHISHING

We’ve received reports of recent phishing email. Please know that Beth and St. Michael’s will never contact you individually requesting personal information or money outside of well publicized efforts like the stewardship campaign. If in doubt, please email parishoffice@stmichaelsarlington.org to confirm the legitimacy of the request. If you receive such contact, do not reply and report to your email provider as spam or phishing.

Here are a few quick tips to keep safe and avoid phishing:

- All emails from our rector or parish office end with the url @stmichaelsarlington.org
- Our rector or parish administrator will never contact you via email to ask for any type of donation, including gift cards
- Visit consumer.ftc.gov online to read the FTC’s “How to Recognize and Avoid Phishing Scams”

DIOCESAN BOOK STUDY: BEING INDIGENOUS IN JIM CROW VIRGINIA

Join the Native American/Indigenous Ministries this summer for an in-depth book study exploring the powerful themes in Laura Feller’s book entitled Being Indigenous in Jim Crow Virginia. We’ll explore the stories of struggles, resilience, and hope among the Powhatan People in Virginia as they navigated racial hostility and fought to preserve their Native identity. Canon Hill will be joined by Laura Feller to kick off our study, and Laura will return again for a concluding open conversation with Canon Hill to address questions and insights. If you are interested in joining this Zoom-based summer book study or want to learn more about Native American/Indigenous Ministries in our Diocese, please contact Canon Hill at jhill@episcopalvirginia.org or 804-622-3179.

GENERAL CONVENTION BRIEFING AND Q&A SESSION

On June 11, 7:00 - 9:00 PM, the Virginia Deputation to General Convention will make brief presentations about the upcoming General Convention (June 22-28) and then take questions from people in our Diocese.

PATHFORWARD CALL FOR VOLUNTEERS

Did you know PathForward volunteers serve breakfast, lunch, and dinner 7-days a week, 365 days a year at the Homeless Services Center? Daytime volunteers are in critical need to help serve lunch daily at noon. All volunteers are paired with a staff person or Chef for all meal service. The Homeless Services Center is located in the Courthouse neighborhood of Arlington County and open 24/7/365. Interested in learning more? Visit PathForward online at pfva.org or email Community Engagement Manager Scott Miller at smiller@pfva.org. Questions? Contact Evan Robertson, St. Michael's Outreach Committee.

THOSE SERVING TODAY

Lector	Lisa Harkins
Ushers	Tom Halvorson, Linda Kelleher
Greeter	Mary Thorne
Acolyte	Wil Harkins, Angie Hernandez, Abby A.
Lay Eucharistic Minister	Linda Kelleher
Altar Guild	Wil Harkins
Flower Guild	Barb Adams
Counters	Debbie Carter, Barb Adams
Zoom Coordinator	Suzanna Monahan
Children's Worship	Paula Dierkes
Coffee Hour Host	Men of St. Michael's
Vestry Person of the Day	Todd Trapp

ST. MICHAEL'S CLERGY AND STAFF

Rector	The Very Rev. Beth Franklin
Music Minister	Mike Schmidt
Children & Families Minister	Karen Ruff
Seminarian	Drew Downey
Treasurer	Janet Hansen
Bookkeeper	Katrina Moore
Parish Administrator	Kate Yushkova

ST. MICHAEL'S VESTRY

Class of 2025	Class of 2026	Class of 2027
Vicki Barnett (<i>Sr. Warden</i>)	Jim Dinan (<i>Jr. Warden</i>)	Dan Ruff
Beth Cavey	Lisa Meacham	Todd Trapp (<i>Register</i>)
Kaipo McCartney (<i>Warden</i>)	Mary Thorne	
Bob Moore		

CONNECT



Subscribe to our weekly email newsletter at stmichaelsarlington.org, and use the banner that reads "CONNECT - PARISH COMMUNICATIONS" or scan the QR Code.

FLOWERS



Flowers adorning our altar during Sunday worship may be dedicated in memory of, or thanksgiving for a loved one. If you would like to make a dedication, visit stmichaelsarlington.org/sign-ups or scan the QR Code.



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