

## THE WORD OF GOD

**Prelude** Adagio, Sonata I Felix Mendelssohn

**Procession** God is Love, let heaven adore him **Hymn 379**  
*Abbot's Leigh*

**The Holy Eucharist: Rite II** **BCP pg. 355**

**Celebrant** Blessed be God: Father, Son, and Holy Spirit.  
**People** **And blessed be his kingdom, now and for ever. Amen.**

**Celebrant** Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**Song of Praise** **Hymn S-280**

**Glory to God in the highest, and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father,**  
**we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,**  
**you take away the sin of the world: have mercy on us; you are seated**  
**at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord, you alone are**  
**the Most High, Jesus Christ, with the Holy Spirit, in the glory of God**  
**the Father. Amen.**

**The Collect of the Day**

**Celebrant** The Lord be with you.  
**People** **And also with you.**  
**Celebrant** Let us pray.

**Celebrant** Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

**The First Lesson** **Isaiah 58:1-12**

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

**Lector** The Word of the Lord.  
**People** **Thanks be to God.**

**The Psalm**

**Psalm 112:1-10**

- 1 Hallelujah!  
Happy are they who fear the Lord \*  
and have great delight in his commandments!
- 2 Their descendants will be mighty in the land; \*  
the generation of the upright will be blessed.
- 3 Wealth and riches will be in their house, \*  
and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; \*  
the righteous are merciful and full of compassion.
- 5 It is good for them to be generous in lending \*  
and to manage their affairs with justice.
- 6 For they will never be shaken; \*  
the righteous will be kept in everlasting remembrance.
- 7 They will not be afraid of any evil rumors; \*  
their heart is right;  
they put their trust in the Lord.
- 8 Their heart is established and will not shrink, \*  
until they see their desire upon their enemies.
- 9 They have given freely to the poor, \*  
and their righteousness stands fast for ever;  
they will hold up their head with honor.
- 10 The wicked will see it and be angry;  
they will gnash their teeth and pine away; \*  
the desires of the wicked will perish.

**The Second Lesson**

**1 Corinthians 2:1-16**

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

"What no eye has seen, nor ear heard,  
nor the human heart conceived,  
what God has prepared for those who love him"—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny.

"For who has known the mind of the Lord  
so as to instruct him?"

But we have the mind of Christ.

**Lector** The Word of the Lord.  
**People** **Thanks be to God.**

**Sequence** The people who in darkness walked **Hymn 126**  
*Dundee*

**The Gospel** **Matthew 5:13-20**

**Celebrant** The Holy Gospel of our Lord Jesus Christ according to Matthew.  
**People** **Glory to you, Lord Christ.**

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

"You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

Celebrant The Gospel of the Lord.  
 People Praise to you, Lord Christ.

The Sermon The Very Rev. Beth Franklin

The Nicene Creed BCP pg. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Confession of Sin BCP pg. 360

Celebrant Let us confess our sins against God and our neighbor.  
 People Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace BCP Pg. 360

Celebrant The peace of the Lord be always with you.  
 People And also with you.  
*We greet one another, passing the peace of God.*

Announcements

## THE HOLY COMMUNION

Preparation of the Table

Offertory Let In the Light Alfred V. Fedak

Presentation of the Offerings Hymn 380

Praise God, from whom all blessings flow;  
 praise him, all creatures here below;  
 praise him above, ye heavenly host:  
 praise Father, Son, and Holy Ghost.

The Great Thanksgiving (Eucharistic Prayer A) BCP pg. 361

Celebrant and People Hymn S-131

Holy, holy, holy Lord, God of power and might,  
 heaven and earth are full of your glory.  
 Hosanna in the highest.  
 Blessed is he who comes in the name of the Lord.  
 Hosanna in the highest.

Eucharistic Prayer A Continues BCP pg. 362

The Lord's Prayer BCP pg. 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread BCP pg. 364

Celebrant Alleluia. Christ our Passover is sacrificed for us;  
 People Therefore let us keep the feast. Alleluia.

Communion *Gluten-free wafers are available, ask the priest at the altar rail.*

Communion Hymn Shepherd of souls, refresh and bless Hymn 343  
*St. Agnes*

Post Communion Prayer BCP pg. 365

Pocket Practice Reflections

Blessing

Annual Meeting

Closing Hymn The Church's one foundation Hymn 525  
*Aurelia*

Dismissal BCP pg. 366

Postlude Toccata Douglas E. Wagner



# ST. MICHAEL'S EPISCOPAL CHURCH ARLINGTON, VA

SUNDAY, FEBRUARY 5, 2023 5TH SUNDAY AFTER THE EPIPHANY

Whatever has brought you to worship with this community today, we're so glad you're here. If you're wondering whether there might be something more for you, we hope you'll come back and find out. One of the things we're committed to is finding how our story connects with God's story. We'd love to have your story become a part of our story. The best way to participate in these conversations is to look for announcements about "Being With" courses in our e-newsletter.

Sounds from children, young and old, are a valuable part of our prayer life – not a distraction from it! Families are encouraged to sit in the front of the sanctuary, allowing children as many opportunities to follow along and participate as possible. Should a break be beneficial at any point in the service, the nursery is available for supervised play, and includes a QR code for streaming of the service on any device.

The root of the word liturgy is "the work of the people." Meaning all that happens in the sanctuary with the community who gathers works because of your participation. The beautiful thing about this invitation to participate is that, who we are and what we bring is enough because God meets us here! So don't worry about "doing" anything "right." Whether you've been to Episcopal services for a long time, or this is your first, we hope you'll worship in the way that is most comfortable to you. The service instructions about standing, kneeling, and other directions are intended to help clue you into the habits of this particular community.

The words of our worship service are lifted from the Episcopal (and before that Anglican) tradition. The thing that sets us apart from other denominations is our dedication to Common Prayer. These same words have been used for hundreds of years by people all over the world, and are still used today. The hope of finding ourselves in the midst of this ancient tradition is that we might both learn from those who have come before, and add our own voices to the heavenly chorus.

We are currently offering communion in both kinds, the bread and the wine. Drinking from a common cup, is an essential symbolic practice, a reflection of our theology. We place great emphasis on offering this meal from a single paten (plate which holds the bread) and chalice to symbolize the unity we find in Christ, despite any perceived divisions. We return to the Eucharistic table again and again, because it is only through Christ that we are able to imagine what being unified might look like. Choosing to intinct the bread in the chalice is the least sanitary option, as we risk having many hands in the chalice. Please either drink from the chalice, or refrain from consuming the wine. Whether you would like to receive bread, bread and wine, or a blessing, please know that you are welcome at the Lord's table.

At this time, we ask that all worshipers over the age of two please wear a mask for the duration of the service.

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