



ST. MICHAEL'S EPISCOPAL CHURCH ARLINGTON, VA

THURSDAY, MARCH 28, 2024

MAUNDY THURSDAY

Whatever has brought you to worship with this community today, we're so glad you're here. If you're wondering whether there might be something more for you, we hope you'll come back and find out. One of the things we're committed to is finding how our story connects with God's story. We'd love to have your story become a part of our story. The best way to participate in these conversations is to look for announcements about "Being With" courses in our e-newsletter.

Sounds from children, young and old, are a valuable part of our prayer life – not a distraction from it! Families are encouraged to sit in the front of the sanctuary, allowing children as many opportunities to follow along and participate as possible. Should a break be beneficial at any point in the service, the nursery is available for supervised play, and includes a QR code for streaming of the service on any device.

The root of the word liturgy is "the work of the people." Meaning all that happens in the sanctuary with the community who gathers works because of your participation. The beautiful thing about this invitation to participate is that, who we are and what we bring is enough because God meets us here! So don't worry about "doing" anything "right." Whether you've been to Episcopal services for a long time, or this is your first, we hope you'll worship in the way that is most comfortable to you. The service instructions about standing, kneeling, and other directions are intended to help clue you into the habits of this particular community.

The words of our worship service are lifted from the Episcopal (and before that Anglican) tradition. The thing that sets us apart from other denominations is our dedication to Common Prayer. These same words have been used for hundreds of years by people all over the world, and are still used today. The hope of finding ourselves in the midst of this ancient tradition is that we might both learn from those who have come before, and add our own voices to the heavenly chorus.

We are currently offering communion in both kinds, the bread and the wine. Drinking from a common cup, is an essential symbolic practice, a reflection of our theology. We place great emphasis on offering this meal from a single paten (plate which holds the bread) and chalice to symbolize the unity we find in Christ, despite any perceived divisions. We return to the Eucharistic table again and again, because it is only through Christ that we are able to imagine what being unified might look like. Choosing to intinct the bread in the chalice is the least sanitary option, as we risk having many hands in the chalice. Please either drink from the chalice, or refrain from consuming the wine. Whether you would like to receive bread, bread and wine, or a blessing, please know that you are welcome at the Lord's table.

THE HOLY EUCHARIST RITE TWO

Prelude

Procession

Go to dark Gethsemane
Petra

Hymn 171

The Word of God

BCP pg. 355

Celebrant Bless the Lord who forgives all our sins.

People God's mercy endures for ever.

Celebrant Jesus said, I am the bread of life; whoever comes to me shall not hunger, and who believes in me shall never thirst."

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Celebrant Almighty Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The First Lesson

Exodus 12:1-4, (5-10), 11-14

The Lord said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you. Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. If a household is too small for a whole lamb, it shall join its closest neighbor in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it. Your lamb shall be without blemish, a year-old male; you may take it from the sheep or from the goats. You shall keep it until the fourteenth day of this month; then the whole assembled congregation of Israel shall slaughter it at twilight. They shall take some of the blood and put it on the doorposts and the lintel of the houses in which they eat it. They shall eat the lamb that same night; they shall eat it roasted over the fire with unleavened bread and bitter herbs. Do not eat any of it raw or boiled in water, but roasted over the fire, with its head, legs, and inner organs. You shall let none of it remain until the morning; anything that remains until the morning you shall burn. This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the Lord. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgments: I am the Lord. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt.

This day shall be a day of remembrance for you. You shall celebrate it as a festival to the Lord; throughout your generations you shall observe it as a perpetual ordinance.

Lector The Word of the Lord.

People Thanks be to God.

The Psalm

Psalm 116:1, 10-17

- 1 I love the Lord, because he has heard the voice of my supplication, *
because he has inclined his ear to me whenever I called upon him.
- 10 How shall I repay the Lord *
for all the good things he has done for me?
- 11 I will lift up the cup of salvation *
and call upon the Name of the Lord.
- 12 I will fulfill my vows to the Lord *
in the presence of all his people.
- 13 Precious in the sight of the Lord *
is the death of his servants.
- 14 O Lord, I am your servant; *
I am your servant and the child of your handmaid;
you have freed me from my bonds.
- 15 I will offer you the sacrifice of thanksgiving *
and call upon the Name of the Lord.
- 16 I will fulfill my vows to the Lord *
in the presence of all his people,
- 17 In the courts of the Lord's house, *
in the midst of you, O Jerusalem.

The Second Lesson

1 Corinthians 11:23-26

I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

Lector The Word of the Lord.
People Thanks be to God.

Sequence

Savior, again to thy dear Name we raise
Ellers

Hymn 345

The Gospel

John 13:1-17, 31b-35

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.
People Glory to you, Lord Christ.

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand." Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash

you, you have no share with me.” Simon Peter said to him, “Lord, not my feet only but also my hands and my head!” Jesus said to him, “One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.” For he knew who was to betray him; for this reason he said, “Not all of you are clean.”

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, “Do you know what I have done to you? You call me Teacher and Lord—and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another’s feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them.

“Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, ‘Where I am going, you cannot come.’ I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.”

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon

Drew Downey, Seminarian

The Footwashing

Fellow servants of our Lord Jesus Christ: On the night before his death, Jesus set an example for his disciples by washing their feet, an act of humble service. He taught that strength and growth in the life of the Kingdom of God come not by power, authority, or even miracle, but by such lowly service. We all need to remember his example, but none stand more in need of this reminder than those whom the Lord has called to the ordained ministry.

Therefore, I invite you who share in the royal priesthood of Christ, to come forward, that I may recall whose servant I am by following the example of my Master. But come remembering his admonition that what will be done for you is also to be done by you to others, for “a servant is not greater than his master, nor is one who is sent greater than the one who sent him. If you know these things, blessed are you if you do them.”

Hymns at the Footwashing

Stay with me
For the bread which you have broken

from Taizé
Omni die

WLP 826
Hymn 341

The Prayers of the People

Common Worship: Times and Seasons

Leader In the power of the Spirit let us pray to the Father through Christ the savior of the world.

People Father, on this the night he was betrayed, your Son Jesus Christ washed his disciples’ feet. We commit ourselves to follow his example of love and service. Lord, hear us, **and humble us.**

Leader On this night, he prayed for his disciples to be one. We pray for the unity of your Church. Lord, hear us,

People **and unite us.**

Leader On this night, he prayed for those who were to believe through his disciples' message.
We pray for the mission of your Church. Lord, hear us,
People **and renew our zeal.**

Leader On this night, he commanded his disciples to love, but suffered rejection himself. We
pray for the rejected and unloved. Lord, hear us,
People **and fill us with your love.**

Leader On this night, he reminded his disciples that if the world hated them it hated him
first. We pray for those who are persecuted for their faith. Lord, hear us,
People **and give us your peace.**

Leader On this night, he accepted the cup of death and looked forward to the new wine of
the kingdom. We remember those who have died in the peace of Christ. Lord, hear
us,
People **and welcome all your children into paradise.**

The Confession of Sin

BCP pg. 360

Celebrant Let us confess our sins against God and our neighbor.
People **Most merciful God, we confess that we have sinned against you in thought, word,
and deed, by what we have done, and by what we have left undone. We have not
loved you with our whole heart; we have not loved our neighbors as ourselves. We
are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have
mercy on us and forgive us; that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus
Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you
in eternal life. **Amen.**

The Peace

BCP Pg. 360

Celebrant The peace of the Lord be always with you.
People **And also with you.**
We greet one another, passing the peace of God.

Announcements

THE HOLY COMMUNION

Preparation of the Table

Offertory

Presentation of the Offerings

Hymn 304

verse 1

I come with joy to meet my Lord, forgiven, loved, and free,
in awe and wonder to recall his life laid down for me.

The Great Thanksgiving (Eucharistic Prayer A)

BCP pg. 361

Celebrant and People

Spoken

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Eucharistic Prayer A Continues

BCP pg. 362

The Lord's Prayer

BCP pg. 364

Celebrant And now, as our Savior Christ has taught us, we are bold to say,
People Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

BCP pg. 364

Celebrant Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.

Communion *Gluten-free wafers are available, ask the priest at the altar rail.*

Post Communion Prayer

BCP pg. 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

O sacred head, sore wounded
Herzlich tut mich verlangen

Stripping of the Altar

People kneel

Celebrant and People

They divided my garments among them; they cast lots for my clothing.

Psalm 22 *Spoken in unison*

- 1 My God, my God, why have you forsaken me? *
and are so far from my cry
and from the words of my distress?
- 2 O my God, I cry in the daytime, but you do not answer; *
by night as well, but I find no rest.
- 3 Yet you are the Holy One, *
enthroned upon the praises of Israel.
- 4 Our forefathers put their trust in you; *
they trusted, and you delivered them.
- 5 They cried out to you and were delivered; *
they trusted in you and were not put to shame.
- 6 But as for me, I am a worm and no man, *
scorned by all and despised by the people.
- 7 All who see me laugh me to scorn; *
they curl their lips and wag their heads, saying,
- 8 “He trusted in the Lord; let him deliver him; *
let him rescue him, if he delights in him.”
- 9 Yet you are he who took me out of the womb, *
and kept me safe upon my mother’s breast.
- 10 I have been entrusted to you ever since I was born; *
you were my God when I was still in my mother’s womb.
- 11 Be not far from me, for trouble is near, *
and there is none to help.
- 12 Many young bulls encircle me; *
strong bulls of Bashan surround me.
- 13 They open wide their jaws at me, *
like a ravening and a roaring lion.
- 14 I am poured out like water;
all my bones are out of joint; *
my heart within my breast is melting wax.
- 15 My mouth is dried out like a pot-sherd;
my tongue sticks to the roof of my mouth; *
and you have laid me in the dust of the grave.

- 16 Packs of dogs close me in,
and gangs of evildoers circle around me; *
they pierce my hands and my feet;
I can count all my bones.
- 17 They stare and gloat over me; *
they divide my garments among them;
they cast lots for my clothing.
- 18 Be not far away, O Lord; *
you are my strength; hasten to help me.
- 19 Save me from the sword, *
my life from the power of the dog.
- 20 Save me from the lion's mouth, *
my wretched body from the horns of wild bulls.
- 21 I will declare your Name to my brethren; *
in the midst of the congregation I will praise you.
- 22 Praise the Lord, you that fear him; *
stand in awe of him, O offspring of Israel;
all you of Jacob's line, give glory.
- 23 For he does not despise nor abhor the poor in their poverty;
neither does he hide his face from them; *
but when they cry to him he hears them.
- 24 My praise is of him in the great assembly; *
I will perform my vows in the presence of those who worship him.
- 25 The poor shall eat and be satisfied,
and those who seek the Lord shall praise him: *
"May your heart live for ever!"
- 26 All the ends of the earth shall remember and turn to the Lord, *
and all the families of the nations shall bow before him.
- 27 For kingship belongs to the Lord; *
he rules over the nations.
- 28 To him alone all who sleep in the earth bow down in worship; *
all who go down to the dust fall before him.
- 29 My soul shall live for him;
my descendants shall serve him; *
they shall be known as the Lord's for ever.
- 30 They shall come and make known to a people yet unborn *
the saving deeds that he has done.

Celebrant and People

They divided my garments among them; they cast lots for my clothing.

The people may be seated during the reading.

The Reading of the Arrest of Jesus

Luke 22:35-62

He said to them, 'When I sent you out without a purse, bag, or sandals, did you lack anything?' They said, 'No, not a thing.' He said to them, 'But now, the one who has a purse must take it, and likewise a bag. And the one who has no sword must sell his cloak and buy one. For I tell you, this scripture must be fulfilled in me, "And he was counted among the lawless"; and indeed what is written about me is being fulfilled.' They said, 'Lord, look, here are two swords.' He replied, 'It is enough.'

He came out and went, as was his custom, to the Mount of Olives; and the disciples followed him. When he reached the place, he said to them, 'Pray that you may not come into the time of trial.' Then he withdrew from them about a stone's throw, knelt down, and prayed, 'Father, if you are willing, remove this cup from me; yet, not my will but yours be done.' Then an angel from heaven appeared to him and gave him strength. In his anguish he prayed more earnestly, and his sweat became like great drops of blood falling down on the ground. When he got up from prayer, he came to the disciples and found them sleeping because of grief, and he said to them, 'Why are you sleeping? Get up and pray that you may not come into the time of trial.'

While he was still speaking, suddenly a crowd came, and the one called Judas, one of the twelve, was leading them. He approached Jesus to kiss him; but Jesus said to him, 'Judas, is it with a kiss that you are betraying the Son of Man?' When those who were around him saw what was coming, they asked, 'Lord, should we strike with the sword?' Then one of them struck the slave of the high priest and cut off his right ear. But Jesus said, 'No more of this!' And he touched his ear and healed him. Then Jesus said to the chief priests, the officers of the temple police, and the elders who had come for him, 'Have you come out with swords and clubs as if I were a bandit? When I was with you day after day in the temple, you did not lay hands on me. But this is your hour, and the power of darkness!'

Then they seized him and led him away, bringing him into the high priest's house. But Peter was following at a distance. When they had kindled a fire in the middle of the courtyard and sat down together, Peter sat among them. Then a servant-girl, seeing him in the firelight, stared at him and said, 'This man also was with him.' But he denied it, saying, 'Woman, I do not know him.' A little later someone else, on seeing him, said, 'You also are one of them.' But Peter said, 'Man, I am not!' Then about an hour later yet another kept insisting, 'Surely this man also was with him; for he is a Galilean.' But Peter said, 'Man, I do not know what you are talking about!' At that moment, while he was still speaking, the cock crowed. The Lord turned and looked at Peter. Then Peter remembered the word of the Lord, how he had said to him, 'Before the cock crows today, you will deny me three times.' And he went out and wept bitterly.

After the reading of the Arrest of Jesus, we are asked to leave in silence. A Vigil with the Reserved Sacrament begins following the service, where we shall keep watch as our Lord asked his disciples to do with Him in the Garden of Gethsemane. The Vigil ends at noon on Good Friday.

THIS WEEK AT ST. MICHAEL'S

THUR 3/28	7:00 PM	Maundy Thursday Liturgy and Foot Washing
	9:00 PM	Vigil with Reserve Sacrament
FRI 3/29	12:00 PM	Good Friday Liturgy
	7:00 PM	Good Friday Liturgy
SUN 3/31	6:35 AM	<i>Easter</i> Sunrise Morning Prayer in the Memorial Garden
	9:30 AM	Festival Holy Eucharist
	10:45 AM	Easter Egg Hunt

PRAYER LIST FOR THE WEEK OF MARCH 28

In the Anglican Communion, we pray for The Church of the Province of West Africa. In the Diocese of Virginia, we pray for Grace, Alexandria; St. Luke's, Wellington, Alexandria. In the region of Arlington, we pray for our own parish, St. Michael's.

We pray for leaders of churches everywhere, especially Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Mark and Gayle, our bishops; Beth, our rector; Rosemari, our supply priest; and Drew, our seminarian.

We pray for goodwill among nations; for Joe, our President, Antonio, Secretary General of the United Nations, Glenn, our Governor, members of the Arlington County Board, and all those in authority. We pray for the welfare of those serving our nation at home and abroad, especially Jeremy.

In our Parish Family we pray for Leroy, Sarah, Paula, Liz, Norma, Ethan, Beverly, Fran, Katheryn, Dwight, Barbara, and Lois.

In our greater community, we pray for Cindy, George, Emily, Andrew, Roland, Henry, Susan, Martha, Betty, Laura, Pat, Beth, Jen, George, Peggy, Jon Rucker, Jr., Susan, Keith, Doug, Colby, Sarah, August, Barbara, Alan, Kay, Katie, Paul, Ben, Mae, Steve, Esther, Marina, Gordon, Steve, Megan, Katie, Jim, Margee, Eli.

We remember all those who have died, especially Jimmy Castillo.

VIGIL WITH THE RESERVE SACRAMENT

MARCH 28, 8:30 PM–MARCH 29, 12:00 PM

The practice of keeping watch with our Lord can be traced to Christ's appeal to His disciples in the garden of Gethsemane on the eve of the crucifixion, "Could you watch one hour with me?" By signing up to keep an hour of vigil with the Blessed Sacrament on the Altar of Repose, we can answer Jesus with an emphatic "yes." Please sign up on the board in the back of the sanctuary to take a shift of the overnight Vigil.

GOOD FRIDAY OFFERING

The Diocese of Jerusalem and the Middle East is under great stress as they seek to meet the needs of many without regard to faith tradition in the current war. On Good Friday our Presiding Bishop asks that our offering be designated for the Diocese of Jerusalem. May I suggest that you designate a jar or other container to hold money that may otherwise be spent on treats of any sort and bring it to the Church on Good Friday or Easter so that we as a community can offer our support to the Church struggling in Jerusalem?

Rosemari+

PRIME TIME LUNCH: THE GOOD SHEPHERD IN ART AND VERSE

Join us, Thursday, April 4, for a potluck lunch in the parish hall. Gathering at 12:15. Lunch at 12:30. Bring a ready-to-serve dish to pass. Hot coffee and ice water provided. 1:15 program: Evelyn Bence will present and discuss visual and poetic representations of God as our shepherd, an inspirational image since ancient times. Special emphasis given to African American artist Henry Ossawa Tanner, who rendered the theme 15 times, especially later in life. All are welcome, especially seniors. Contact: Evelyn Bence.

WE'RE LOOKING FOR A NEW PARISH ADMINISTRATOR!



After 2 years our wonderful administrator Katrina Moore is relocating. If you know anyone who might be interested in joining our team, please scan the QR code for the details.

VOLUNTEER OPPORTUNITY AT AFAC



Can you spare ninety minutes on Saturday, April 6, 1:00–2:30 PM? If you can, please volunteer to help bag vegetables and/or sort cans at the Arlington Food Assistance Center (AFAC), 2708 S. Nelson Street. Individuals, including families with children age 12+, are welcome. Please sign up by scanning the QR code.

LEADERSHIP DURING RECTOR'S LEAVE

While Beth is on leave, The Rev. Rosemari Sullivan is serving as supply priest. Meaning, Rosemari is present on Sundays, and available by appointment in the office. Additionally, feel free to be in touch with any of our Wardens, Vicki, Jim, or Kaipo, who can help to ensure that your needs are addressed in a timely fashion. Email the Parish Office (parishoffice@stmichaelsarlington.org) and your message will be routed appropriately.

THOSE SERVING TODAY

Lector	Cindy Warkentin
Ushers	Cindy Warkentin
Greeter	Cindy Warkentin
Acolyte	Wil Harkins
LEM	Terri Katon
Altar Guild	Terri Katon
Zoom Coordinator	Corbin Monahan
Vestry Person of the Day	Jim Dinan

ST. MICHAEL'S CLERGY AND STAFF

Rector	The Rev. Beth Franklin
Supply + Priest	The Rev. Canon Rosemari Sullivan, DD, DMin
Music Minister	Mike Schmidt
Children & Families Minister	Karen Ruff
Seminarian	Drew Downey
Treasurer	Janet Hansen
Parish Administrator	Katrina Moore

ST. MICHAEL'S VESTRY

Class of 2025	Class of 2026	Class of 2027
Vicki Barnett (<i>Sr. Warden</i>)	Jim Dinan (<i>Jr. Warden</i>)	Dan Ruff
Beth Cavey	Lisa Meacham	Todd Trapp (<i>Register</i>)
Kaipo McCartney (<i>Warden</i>)	Mary Thorne	
Bob Moore		

CONNECT

Subscribe to our weekly email newsletter online at www.stmichaelsarlington.org, and use the banner that reads "CONNECT - PARISH COMMUNICATIONS" or scan the QR Code.



FLOWERS

Flowers adorning our altar during Sunday worship may be dedicated in memory of, or thanksgiving for a loved one. If you would like to make a dedication, the page is accessible from our main website, by using the banner that reads "CONNECT—SIGN UPS" or scan the QR Code.



ST. MICHAEL'S EPISCOPAL CHURCH
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