



ST. MICHAEL'S EPISCOPAL CHURCH ARLINGTON, VA

SUNDAY, JANUARY 21, 2024

THIRD SUNDAY AFTER THE EPIPHANY

Whatever has brought you to worship with this community today, we're so glad you're here. If you're wondering whether there might be something more for you, we hope you'll come back and find out. One of the things we're committed to is finding how our story connects with God's story. We'd love to have your story become a part of our story. The best way to participate in these conversations is to look for announcements about "Being With" courses in our e-newsletter.

Sounds from children, young and old, are a valuable part of our prayer life – not a distraction from it! Families are encouraged to sit in the front of the sanctuary, allowing children as many opportunities to follow along and participate as possible. Should a break be beneficial at any point in the service, the nursery is available for supervised play, and includes a QR code for streaming of the service on any device.

The root of the word liturgy is "the work of the people." Meaning all that happens in the sanctuary with the community who gathers works because of your participation. The beautiful thing about this invitation to participate is that, who we are and what we bring is enough because God meets us here! So don't worry about "doing" anything "right." Whether you've been to Episcopal services for a long time, or this is your first, we hope you'll worship in the way that is most comfortable to you. The service instructions about standing, kneeling, and other directions are intended to help clue you into the habits of this particular community.

The words of our worship service are lifted from the Episcopal (and before that Anglican) tradition. The thing that sets us apart from other denominations is our dedication to Common Prayer. These same words have been used for hundreds of years by people all over the world, and are still used today. The hope of finding ourselves in the midst of this ancient tradition is that we might both learn from those who have come before, and add our own voices to the heavenly chorus.

We are currently offering communion in both kinds, the bread and the wine. Drinking from a common cup, is an essential symbolic practice, a reflection of our theology. We place great emphasis on offering this meal from a single paten (plate which holds the bread) and chalice to symbolize the unity we find in Christ, despite any perceived divisions. We return to the Eucharistic table again and again, because it is only through Christ that we are able to imagine what being unified might look like. Choosing to intinct the bread in the chalice is the least sanitary option, as we risk having many hands in the chalice. Please either drink from the chalice, or refrain from consuming the wine. Whether you would like to receive bread, bread and wine, or a blessing, please know that you are welcome at the Lord's table.

THE WORD OF GOD

Prelude

I Love to Tell the Story

arr. Emma Lou Diemer

Procession

Sing praise to God who reigns above
Mit Freuden zart

Hymn 408

The Holy Eucharist: Rite II

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Song of Praise

Hymn S-280

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with
the Holy Spirit, in the glory of God the Father. **Amen..**

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Celebrant Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The First Lesson

Jonah 3:1-5, 10

The word of the Lord came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Lector The Word of the Lord.

People **Thanks be to God.**

- 6 For God alone my soul in silence waits; *
truly, my hope is in him.
- 7 He alone is my rock and my salvation, *
my stronghold, so that I shall not be shaken.
- 8 In God is my safety and my honor; *
God is my strong rock and my refuge.
- 9 Put your trust in him always, O people, *
pour out your hearts before him, for God is our refuge.
- 10 Those of high degree are but a fleeting breath, *
even those of low estate cannot be trusted.
- 11 On the scales they are lighter than a breath, *
all of them together.
- 12 Put no trust in extortion;
in robbery take no empty pride; *
though wealth increase, set not your heart upon it.
- 13 God has spoken once, twice have I heard it, *
that power belongs to God.
- 14 Steadfast love is yours, O Lord, *
for you repay everyone according to his deeds.

The Second Lesson

1 Corinthians 7:29-31

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Lector The Word of the Lord.
People Thanks be to God.

Sequence

You have come down to the lakeshore
Pescador

WLP 758

The Gospel

Mark 1:14-20

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.
People Glory to you, Lord Christ.

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Common Worship Times and Seasons, p. 124

Leader Let us worship the Saviour with joy and make our prayer to our heavenly Father. The magi came from the east to worship your Son: Father, grant to Christians everywhere the spirit of adoration ... Lord of glory,

People **hear our prayer.**

Leader The infant Christ received gifts of gold, incense and myrrh: Father, accept the offering of our hearts and minds ... Lord of glory,

People **hear our prayer.**

Leader The kingdoms of this world have become the kingdom of our Lord and of his Christ: Father, grant an abundance of peace to your world ... Lord of glory,

People **hear our prayer.**

Leader The Holy Family lived in exile and in the shadow of death: Father, look in mercy on all who are poor and powerless, and all who suffer ... Lord of glory,

People **hear our prayer.**

Leader Your Son shared the life of his home and family at Nazareth: Father, protect in your love our neighbours, our families and this community of which we are a part ... Lord of glory,

People **hear our prayer.**

Leader Father, we rejoice in our fellowship with the shepherds, the angels, the magi, the Virgin Mary, Saint Joseph and all the faithful departed. In your unfailing love for us and for all people, hear and answer our prayers through your Son, our Saviour Jesus Christ.

People **Amen.**

Celebrant Let us confess our sins against God.

People God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

We greet one another, passing the peace of God.

Announcements

THE HOLY COMMUNION

Preparation of the Table

Offertory

Follow Me

Julia Simon

Presentation of the Offerings

Hymn 380

verse 3

Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Enriching Our Worship Eucharistic Prayer 1

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Celebrant It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Holy, holy, holy Lord, God of power and might,
 Holy, holy, holy Lord, God of power and might,
 heaven and earth are full, full of your glory.
 Hosanna in the highest. Hosanna in the highest
 Blessed is he who comes in the name of the Lord.
 Hosanna in the highest. Hosanna in the highest.

Eucharistic Prayer Continues

Celebrant Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

People **Christ has died.**
 Christ is risen.
 Christ will come again.

Celebrant Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,
People Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People Therefore let us keep the feast. Alleluia.

Communion *Gluten-free wafers are available.*

Communion Hymn My God, thy table now is spread Hymn 321
Rockingham

Post Communion Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn O Zion, Haste Hymn 539
Tidings

Dismissal

Postlude Carillon Malcolm Archer

THIS WEEK AT ST. MICHAEL’S		
SUN 1/21	9:30 AM	Holy Eucharist II, Children’s Worship
	10:45 AM	Story Core
THU 1/25	9:30 AM	Education for Ministry
	7:30 PM	Choir Rehearsal
FRI 1/26–SUN 1/28		Icon Writing Workshop with George Ziobro
SUN 1/28	9:30 AM	Holy Eucharist II, Children’s Worship
	10:45 AM	Story Core

PRAYER LIST FOR THE WEEK OF JANUARY 21

In the Anglican Communion, we pray for The Church of South India (United). In the Diocese of Virginia, we pray for Christ, Spotsylvania; St. George’s, Arlington; Trinity, Charlottesville . In the region of Arlington, we pray for our own parish, St. Michael’s.

We pray for leaders of churches everywhere, especially Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Mark and Gayle, our bishops; Beth, our rector; Rosemari, our supply priest; and Drew, our seminarian.

We pray for goodwill among nations; for Joe, our President, Antonio, Secretary General of the United Nations, Glenn, our Governor, members of the Arlington County Board, and all those in authority. We pray for the welfare of those serving our nation at home and abroad, especially Jeremy.

In our Parish Family we pray for Leroy, Sarah, Paula, Liz, Norma, Ethan, Beverly, Fran, Katheryn, Dwight, and Barbara.

In our greater community, we pray for Cindy, George, Emily, Andrew, Roland, Henry, Susan, Martha, Betty, Laura, Pat, Beth, Jen, George, Peggy, Jon Rucker, Jr., Susan, Keith, Doug, Colby, Sarah, August, Barbara, Alan, Kay, Katie, Paul, Ben, Mae, Steve, Esther, Marina, Gordon, Julie, Steve, Megan, Marjory, Clark, and Katie.

We remember all those who have died, especially Josh Burnside and Peggy Lowery.

WEEKLY FORMATION OFFERINGS	
CHILDREN’S WORSHIP	STORY CORE
<p>Children who are four or older, are invited to follow the second cross to Children’s Worship at the end of our opening processional. Children of any age are welcome, but need to be accompanied by a parent if younger than four.</p> <p>Please be in touch with our Minister of Children and Families, Karen Ruff (familyministry@stmichaelsarlington.org) to learn more about this weekly offering.</p>	<p>All are welcome to gather in the parish hall following worship on Sunday, for a time of sharing our stories, while getting to the core of the Christian story. There is no homework, and no need to have participated in conversation the week before. The intention is for this to be an intergenerational conversation, accessible no matter how much time you’ve spent with Holy Scripture.</p>

OFFICE HOURS THIS WEEK

The Rev. Rosemari Sullivan plans to be in the office this week from 10:00 AM–3:00 PM on Tuesday and Wednesday. To meet with Rosemari at a different time, please be in touch by email (rosemari@stmichaelsarlington.org) or phone.

PRIME TIME LUNCH: AN EPIPHANY SPOTLIGHT ON CHRISTIAN SAINTS

Join us, **Thursday, February 1**, for a potluck lunch in the parish hall. Gathering at 12:15. Lunch at 12:30. Bring a ready-to-serve dish to pass. Hot coffee and ice water provided.

1:15 program: Join us, as local icon writer George Ziobro walks us through his current parish-hall exhibit, “Icons in the Prayer Life of the Faithful,” featuring biblical and historical saints. Then Mary Cushing will introduce us to the life story of Thomas Clarkson, an Anglican saint and partner of parliamentarian William Wilberforce in the abolitionist movement. All are welcome, especially seniors. Contact: Evelyn Bence.

EXHIBITION ON ROLE OF ICONS IN PRAYER LIFE OF THE FAITHFUL

St. Michael’s Arts & Faith Ministry is pleased to present during the month of January the exhibition “Communion of Saints: Role of Icons in the Prayer Life of the Eastern Church.”

More than a dozen icons by George hang in the parish hall. Included are images of Archangels Michael and Gabriel, St. Luke, St. John the Evangelist, the Annunciation (Virgin at the Loom), and Sts. Anne and Mary. George has prepared helpful wall text for each icon that comprises a brief biography of the saint or Bible setting depicted and a graphic indicating where on an iconostasis in an Eastern Church the icon would appear. (The iconostasis is the screen separating the sanctuary from the nave.)

Most of the icons are made with egg tempera, a hand-made painting medium composed of ground pigment, water, and egg yolk, which acts as a binding agent; the medium is fast-drying, non-toxic, and permanent. Several other icons are painted with acrylics. One is a mosaic. Yet another is encaustic.

Maureen Doallas

Curator, Arts & Faith Ministry

COMING SOON TO A THEATER NEAR US!

Most Episcopalians have heard Presiding Bishop Michael Curry proclaim that the way of Jesus is the way of love. Soon, the broader community will have a chance to hear that message at the movies! A documentary based on Bishop Curry’s message, “A Case for Love,” will be shown nationwide on Tuesday, January 23rd, including at the AMC Theater at Tysons Corner. Show times will be at 4:00 pm and 7:00 pm. The run time is 1 hour, 55 minutes.

More details about the film are available at its website, acaseforlovemovie.com. The website includes a trailer, background information, and resources for discussion after viewing it.

ENVIRONMENTAL MINISTRY CONFERENCE AT VTS



All are invited to gather on Saturday, February 17th for this year's Lenten Environmental Ministry Conference: To Love, Heal and Bless Creation. We'll gather with student groups at Virginia Theological Seminary, Alexandria, VA. RSVP is required. Please scan the QR code to RSVP by February 1st.

This year's keynote speaker will be the Rev. Jemonde Taylor, rector of St. Ambrose Episcopal Church in Raleigh, NC. A former engineer, Father Jemonde recently led Saint Ambrose through a three-year capital campaign raising twice the church's annual budget while maintaining strong environmental stewardship. A powerful, inspiring speaker, Father Jemonde's work offers parishes in our Diocese a model of environmental adaptation.

More information about the event can be found by entering "creation conference" in the search bar at www.vts.edu.

LEADERSHIP DURING RECTOR'S LEAVE

While Beth is on leave, The Rev. Rosemari Sullivan is serving as supply priest. Meaning, Rosemari is present on Sundays, and available by appointment in the office. Additionally, feel free to be in touch with any of our Wardens, who can help to ensure that your needs are addressed in a timely fashion.

The Rev. Rosemari Sullivan (rosemari@stmichaelsarlington.org), 703-801-6832

Vicki Barnett (vjbwinkin@gmail.com)

Jim Dinan (jhdinan@gmail.com), 703-522-8396

Kaipo McCartney (kaipo_mccartney@yahoo.com), 703-945-5353

The pastoral care emergency line may be used at any time, 703-239-3787.

THOSE SERVING TODAY

Lector	Wendy Ikezawa
Ushers	Tom Halvorson, Vicki Barnett
Greeter	Tom Halvorson
Acolyte	Michael Cavey
Lay Eucharistic Minister	Beth Cavey
Altar Guild	Monica Dinan
Flower Guild	Evelyn Bence
Counters	Terri Katon, James Chang
Zoom Coordinator	Corbin Monahan
Children's Worship	Paula Dierkes
Coffee Hour Host	Terry Dinan
Vestry Person of the Day	Beth Cavey

ST. MICHAEL'S CLERGY AND STAFF

Rector	The Very Rev. Beth Franklin
Supply + Priest	The Rev. Canon Rosemari Sullivan, D.D., M. Div.
Music Minister	Mike Schmidt
Children & Families Minister	Karen Ruff
Seminarian	Drew Downey
Treasurer	Janet Hansen
Parish Administrator	Katrina Moore

ST. MICHAEL'S VESTRY

Class of 2024	Class of 2025	Class of 2026
Molly Beier	Vicki Barnett (Sr. Warden)	Jim Dinan (Jr. Warden)
John Kelleher	Beth Cavey	Lisa Meacham
Kaipo McCartney (Warden)	Bob Moore	Mary Thorne (Registrar)

CONNECT



Subscribe to our weekly email newsletter at stmichaelsarlington.org, and use the banner that reads "CONNECT - PARISH COMMUNICATIONS" or scan the QR Code.

FLOWERS



Flowers adorning our altar during Sunday worship may be dedicated in memory of, or thanksgiving for a loved one. If you would like to make a dedication, visit stmichaelsarlington.org/sign-ups or scan the QR Code.



ST. MICHAEL'S EPISCOPAL CHURCH
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