



ST. MICHAEL'S EPISCOPAL CHURCH ARLINGTON, VA

SUNDAY, JUNE 16, 2024

FOURTH SUNDAY AFTER PENTECOST

Whatever has brought you to worship with this community today, we're so glad you're here. If you're wondering whether there might be something more for you, we hope you'll come back and find out. One of the things we're committed to is finding how our story connects with God's story. We'd love to have your story become a part of our story. The best way to participate in these conversations is to look for announcements about "Being With" courses in our e-newsletter.

Sounds from children, young and old, are a valuable part of our prayer life – not a distraction from it! Families are encouraged to sit in the front of the sanctuary, allowing children as many opportunities to follow along and participate as possible. Should a break be beneficial at any point in the service, the nursery is available for supervised play, and includes a QR code for streaming of the service on any device.

The root of the word liturgy is "the work of the people." Meaning all that happens in the sanctuary with the community who gathers works because of your participation. The beautiful thing about this invitation to participate is that, who we are and what we bring is enough because God meets us here! So don't worry about "doing" anything "right." Whether you've been to Episcopal services for a long time, or this is your first, we hope you'll worship in the way that is most comfortable to you. The service instructions about standing, kneeling, and other directions are intended to help clue you into the habits of this particular community.

The words of our worship service are lifted from the Episcopal (and before that Anglican) tradition. The thing that sets us apart from other denominations is our dedication to Common Prayer. These same words have been used for hundreds of years by people all over the world, and are still used today. The hope of finding ourselves in the midst of this ancient tradition is that we might both learn from those who have come before, and add our own voices to the heavenly chorus.

We are currently offering communion in both kinds, the bread and the wine. Drinking from a common cup, is an essential symbolic practice, a reflection of our theology. We place great emphasis on offering this meal from a single paten (plate which holds the bread) and chalice to symbolize the unity we find in Christ, despite any perceived divisions. We return to the Eucharistic table again and again, because it is only through Christ that we are able to imagine what being unified might look like. Choosing to intinct the bread in the chalice is the least sanitary option, as we risk having many hands in the chalice. Please either drink from the chalice, or refrain from consuming the wine. Whether you would like to receive bread, bread and wine, or a blessing, please know that you are welcome at the Lord's table.

THE WORD OF GOD

Prelude

Procession

O God, our help in ages past
St. Anne

Hymn 680

The Holy Eucharist: Rite II

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Song of Praise

Hymn S-280

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with
the Holy Spirit, in the glory of God the Father. **Amen.**

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Celebrant Keep, O Lord, your household the Church in your steadfast faith and love, that through your grace we may proclaim your truth with boldness, and minister your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The First Lesson

1 Samuel 15:34-16:13

Samuel went to Ramah; and Saul went up to his house in Gibeah of Saul. Samuel did not see Saul again until the day of his death, but Samuel grieved over Saul. And the Lord was sorry that he had made Saul king over Israel.

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and

said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

Lector The Word of the Lord.
People Thanks be to God.

The Psalm

Psalm 20

- 1 May the Lord answer you in the day of trouble, *
the Name of the God of Jacob defend you;
- 2 Send you help from his holy place *
and strengthen you out of Zion;
- 3 Remember all your offerings *
and accept your burnt sacrifice;
- 4 Grant you your heart's desire *
and prosper all your plans.
- 5 We will shout for joy at your victory
and triumph in the Name of our God; *
may the Lord grant all your requests.
- 6 Now I know that the Lord gives victory to his anointed; *
he will answer him out of his holy heaven,
with the victorious strength of his right hand.
- 7 Some put their trust in chariots and some in horses, *
but we will call upon the Name of the Lord our God.
- 8 They collapse and fall down, *
but we will arise and stand upright.
- 9 O Lord, give victory to the king *
and answer us when we call.

We are always confident; even though we know that while we are at home in the body we are away from the Lord~ for we walk by faith, not by sight. Yes, we do have confidence, and we would rather be away from the body and at home with the Lord. So whether we are at home or away, we make it our aim to please him. For all of us must appear before the judgment seat of Christ, so that each may receive recompense for what has been done in the body, whether good or evil.

[Therefore, knowing the fear of the Lord, we try to persuade others; but we ourselves are well known to God, and I hope that we are also well known to your consciences. We are not commending ourselves to you again, but giving you an opportunity to boast about us, so that you may be able to answer those who boast in outward appearance and not in the heart. For if we are beside ourselves, it is for God; if we are in our right mind, it is for you.] For the love of Christ urges us on, because we are convinced that one has died for all; therefore all have died. And he died for all, so that those who live might live no longer for themselves, but for him who died and was raised for them. From now on, therefore, we regard no one from a human point of view; even though we once knew Christ from a human point of view, we know him no longer in that way. So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new!

Lector The Word of the Lord.
 People Thanks be to God.

Sequence

We walk by faith, and not by sight
St. Botolph

Hymn 209

The Gospel

Mark 4:26-34

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.
 People **Glory to you, Lord Christ.**

Jesus said, "The kingdom of God is as if someone would scatter seed on the ground, and would sleep and rise night and day, and the seed would sprout and grow, he does not know how. The earth produces of itself, first the stalk, then the head, then the full grain in the head. But when the grain is ripe, at once he goes in with his sickle, because the harvest has come."

He also said, "With what can we compare the kingdom of God, or what parable will we use for it? It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth; yet when it is sown it grows up and becomes the greatest of all shrubs, and puts forth large branches, so that the birds of the air can make nests in its shade."

With many such parables he spoke the word to them, as they were able to hear it; he did not speak to them except in parables, but he explained everything in private to his disciples.

Celebrant The Gospel of the Lord.
 People **Praise to you, Lord Christ.**

The Sermon

The Very Rev. Beth Franklin

The Nicene Creed

BCP pg. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Enriching Our Worship, Form I

- Leader In peace and in faith, let us offer our prayers, saying, "Christ, hear us."
For peace and tranquility in the world, and for the salvation of all, we pray to you,
People **Christ, hear us.**
- Leader For Michael, our Presiding Bishop, for Mark and Gail, our own Bishops, for the upcoming election of a new Presiding bishop, and for all the People of God, we pray to you,
People **Christ, hear us.**
- Leader For the Church of God in every place, that it may persevere in faith and hope, we pray to you,
People **Christ, hear us.**
- Leader For all who minister in your Church, and in the world, that they may have grace to build up your people in love, we pray to you,
People **Christ, hear us.**
- Leader Heal the sick in body, mind or spirit, especially those we name at this time.
Provide for those experiencing housing or food insecurity, we pray to you,
People **Christ, hear us.**
- Leader Guide and protect all children who are in danger, we pray to you,
People **Christ, hear us.**
- Leader Shower your compassion on prisoners, hostages and refugees, and all who are in trouble, we pray to you,
People **Christ, hear us.**
- Leader Hear us as we remember those who have died, especially Beverly Grizzard and Jim Coakley. Grant us with them a share in your eternal glory, we pray to you,
People **Christ, hear us.**
- Leader God of love and mercy,
People **Hear our prayer.**
- Celebrant Beloved God, as we approach your Presence, guide and stir us with your Holy Spirit, that we may become one body, one spirit in Jesus Christ our Savior. **Amen.**

Celebrant Let us confess our sins against God.

People God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

We greet one another, passing the peace of God.

Announcements

THE HOLY COMMUNION

Preparation of the Table

Offertory

Presentation of the Offerings

Hymn 380

verse 3

Praise God, from whom all blessings flow;
 praise him, all creatures here below;
 praise him above, ye heavenly host:
 praise Father, Son, and Holy Ghost.

The Great Thanksgiving

EOW Prayer III

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Celebrant All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Holy, holy, holy Lord, God of power and might,
 heaven and earth are full of your glory.
 Hosanna in the highest. Hosanna in the highest
 Blessed is he who comes in the name of the Lord.
 Hosanna in the highest. Hosanna in the highest.

Eucharistic Prayer Continues

Celebrant Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

People Dying, you destroyed our death.
 Rising, you restored our life.
 Christ Jesus, come in glory!

Celebrant Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home. Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

People: Blessed are you now and for ever. AMEN.

Celebrant And now, as our Savior Christ has taught us, we are bold to say,
 People Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done, on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People Therefore let us keep the feast. Alleluia.

Communion *Gluten-free wafers are available.*

Communion Hymn I am the bread of life WLP 762
Kusik

Post Communion Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn The Church's one foundation Hymn 525
Aurelia

Dismissal

Postlude

THIS WEEK AT ST. MICHAEL'S

SUN 6/16	9:30 AM Holy Eucharist II, Children's Worship
SUN 6/23	9:30 AM Holy Eucharist II, Children's Worship

PRAYER LIST FOR THE WEEK OF JUNE 16

In the Anglican Communion, we pray for Iglesia Anglicana de Chile. In the Diocese of Virginia, we pray for Pohick, Lorton. In the region of Arlington, we pray for La Iglesia de Cristo Rey.

We pray for leaders of churches everywhere, especially Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Mark and Gayle, our bishops; and Beth, our rector.

We pray for goodwill among nations; for Joe, our President, Antonio, Secretary General of the United Nations, Glenn, our Governor, members of the Arlington County Board, and all those in authority. We pray for the welfare of those serving our nation at home and abroad, especially Jeremy.

In our Parish Family we pray for Leroy, Sarah, Paula, Norma, Ethan, Beverly, Katheryn, Dwight, Barbara, Lois, Skip, and Michele

In our greater community, we pray for Cindy, George, Emily, Andrew, Roland, Henry, Susan, Martha, Betty, Laura, Pat, Beth, Jen, George, Peggy, Jon Rucker, Jr., Susan, Keith, Doug, Colby, Sarah, August, Barbara, Alan, Katie, Paul, Ben, Mae, Esther, Marina, Gordon, Megan, Jim, Margee, and Bob.

We remember all those who have died, especially Beverly Grizzard and Jim Coakley.

READINGS FOR NEXT SUNDAY

1 Samuel 17: (1a, 4-11, 19-23), 32-49 • Psalm 9:9-20
 2 Corinthians 6:1-13 • Mark 4:35-41

WEEKLY FORMATION OFFERINGS

CHILDREN'S WORSHIP	STORY CORE
<p>Children who are four or older, are invited to follow the second cross to Children's Worship at the end of our opening processional. Children of any age are welcome, but need to be accompanied by a parent if younger than four.</p> <p>Please be in touch with our Minister of Children and Families, Karen Ruff (familyministry@stmichaelsarlington.org) to learn more about this weekly offering.</p> <p>After June 16, Children's Worship will be taking a summer break. We'll be back with engaging activities after Labor Day.</p>	<p>Story Core will be in recess for the summer months. Stay tuned for more information about other upcoming formation opportunities.</p>

OFFICE HOURS UPDATE

Rector's office hours: The rector will be available at the following times regularly, and as needed at times outside of these windows. The best way to find a time to meet with Beth is to email her directly.

Monday, Wednesday, Thursday: 8 AM-4 PM

Tuesday: 12 PM-8 PM

Please note: The parish administrator will not be in the office 6/18-6/20. Please call the office or contact the rector for any immediate needs.

ST. MICHAEL'S TO RECEIVE GROUP SERVICE AWARD

AT THE ANNUAL ARLINGTON CARES CELEBRATION OF VOLUNTEERISM

St. Michael's will be recognized as the Group Service Award recipient for volunteerism in partnership with PathForward at the annual Arlington Cares Celebration of Volunteerism on July 9, 5:00-7:00 PM, at the NRECA (4301 Wilson Blvd., Arlington, VA 22203). All church members are invited to this free event that annually recognizes volunteers throughout Arlington County. Please visit <https://volunteerarlington.org/arlington-cares> to register and learn more details.

ORDINATION OF DEACONS (VOCATIONAL)

God willing, the Rt. Rev'd E. Mark Stevenson, Bishop of Virginia, will ordain Mary Cushing and Florian Jones-Stamm to the Sacred Order of Deacons on August 10 at 10:30 AM in St. Peter's, Richmond. The Bishops and the Standing Committee invite your prayers and presence in-person or via livestream. An outdoor community picnic and reception will follow. Clergy who wish to vest and process should plan to arrive by 9:30 AM; there is a parking lot for those requiring accommodations as well as street parking in the neighborhood surrounding St. Peter's. Preferred dress is cassock and surplice; the color of the day is Red.

Mary Cushing was sponsored for ordination to the Vocational Diaconate by St. Michael's. She was a faithful St. Michael's parishioner who sang in the choir, served on the altar guild, and was Senior Warden. Mary will be back with us to preach on Sunday, August 4.

DIOCESAN BOOK STUDY: BEING INDIGENOUS IN JIM CROW VIRGINIA

Join the Native American/Indigenous Ministries this summer for an in-depth book study exploring the powerful themes in Laura Feller's book entitled Being Indigenous in Jim Crow Virginia. We'll explore the stories of struggles, resilience, and hope among the Powhatan People in Virginia as they navigated racial hostility and fought to preserve their Native identity. Canon Hill will be joined by Laura Feller to kick off our study, and Laura will return again for a concluding open conversation with Canon Hill to address questions and insights. If you are interested in joining this Zoom-based summer book study or want to learn more about Native American/Indigenous Ministries in our Diocese, please contact Canon Hill at jhill@episcopalvirginia.org or 804-622-3179.

RECENT REPORTS OF PHISHING

We've received reports of recent phishing email. Please know that Beth and St. Michael's will never contact you individually requesting personal information or money outside of well publicized efforts like the stewardship campaign. If in doubt, please email parishoffice@stmichaelsarlington.org to confirm the legitimacy of the request. If you receive such contact, do not reply and report to your email provider as spam or phishing. Here are a few quick tips to keep safe and avoid phishing: - All emails from our rector or parish office end with the url @stmichaelsarlington.org- Our rector or parish administrator will never contact you via email to ask for any type of donation, including gift cards- Visit consumer.ftc.gov online to read the FTC's "How to Recognize and Avoid Phishing Scams"

THOSE SERVING TODAY

Lector	Kaipo McCartney
Ushers	Kaipo McCartney, Vicki Barnett
Greeter	Vicki Barnett
Acolyte	Rick Hightower
Lay Eucharistic Minister	Rick Hightower
Altar Guild	James Chang
Flower Guild	Linda Kelleher
Counters	Rick Hightower, James Chang
Zoom Coordinator	Suzanna Monahan
Children's Worship	Carol Halvorson
Coffee Hour Host	Linda Kelleher
Vestry Person of the Day	Kaipo McCartney

ST. MICHAEL'S CLERGY AND STAFF

Rector	The Very Rev. Beth Franklin
Music Minister	Mike Schmidt
Children & Families Minister	Karen Ruff
Seminarian	Drew Downey
Treasurer	Janet Hansen
Bookkeeper	Katrina Moore
Parish Administrator	Kate Yushkova

ST. MICHAEL'S VESTRY

Class of 2025	Class of 2026	Class of 2027
Vicki Barnett (<i>Sr. Warden</i>)	Jim Dinan (<i>Jr. Warden</i>)	Dan Ruff
Beth Cavey	Lisa Meacham	Todd Trapp (<i>Register</i>)
Kaipo McCartney (<i>Warden</i>)	Mary Thorne	
Bob Moore		

CONNECT



Subscribe to our weekly email newsletter at stmichaelsarlington.org, and use the banner that reads "CONNECT - PARISH COMMUNICATIONS" or scan the QR Code.

FLOWERS



Flowers adorning our altar during Sunday worship may be dedicated in memory of, or thanksgiving for a loved one. If you would like to make a dedication, visit stmichaelsarlington.org/sign-ups or scan the QR Code.



ST. MICHAEL'S EPISCOPAL CHURCH
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