

Gloria Spoken at 8 AM (text follows) and sung at 10 AM **Hymn S-278/BCP pg. 356**

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

Collect of the Day

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The First Lesson

Genesis 18:1-15

The Lord appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, "My lord, if I find favor with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on -- since you have come to your servant." So they said, "Do as you have said." And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate. They said to him, "Where is your wife Sarah?" And he said, "There, in the tent." Then one said, "I will surely return to you in due season, and your wife Sarah shall have a son." And Sarah was listening at the tent entrance behind him. Now Abraham and Sarah were old, advanced in age; it had ceased to be with Sarah after the manner of women. So Sarah laughed to herself, saying, "After I have grown old, and my husband is old, shall I have pleasure?" The Lord said to Abraham, "Why did Sarah laugh, and say, 'Shall I indeed bear a child, now that I am old?' Is anything too wonderful for the Lord? At the set time I will return to you, in due season, and Sarah shall have a son." But Sarah denied, saying, "I did not laugh"; for she was afraid. He said, "Oh yes, you did laugh."

Lector The Word of the Lord.
People Thanks be to God.

Psalm The Psalm is spoken at 8 AM and sung as a chant (S-415) at 10 AM.

15



- 1 Lord, who may dwell in your tabernacle? *
who may abide upon your holy hill?
 - 2 Whoever leads a blameless life and does what is right,*
who speaks the truth from his heart.
 - 3 There is no guile upon his tongue; he does no evil to his friend; *
he does not heap contempt upon his neighbor.
 - 4 In his sight the wicked is rejected, *
but he honors those who fear the Lord.
 - 5 He has sworn to do no wrong *
and does not take back his word.
 - 6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.
 - 7 Whoever does these things *
shall never be overthrown.
- Glory to the Father, and to the Son, and to the Holy Spirit:*
as it was in the beginning, is now, and will be for ever. Amen.

The Second Lesson

Colossians 1:15-28

Christ Jesus is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers -- all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross. And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him -- provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel. I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

Lector The Word of the Lord.
People Thanks be to God.

Sequence Silent sequence at 8 AM and sung at 10 AM.

Blessed Jesus, at thy word, (*Liebster Jesu*)

Hymn 440

Celebrant The Holy Gospel of our Lord Jesus Christ according to Luke.
People Glory to you, Lord Christ

The Gospel of the Lord

Luke 10:38-42

As Jesus and his disciples went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon

Colleen Schiefelbein, Seminarian

The Nicene Creed

BCP pg. 358

The Prayers of the People (Form III)

BCP pg. 387

The Confession of Sin

BCP pg. 360

The Absolution

The Peace

Celebrant The Peace of the Lord be always with you.
People And also with you.

We greet one another, passing the peace of God.

Announcements

Preparation of the Table

Offertory

Presentation of Offerings *Sung*

From all that dwell below the skies (Old 100th) verse 3 **Hymn 380** (text follows)

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.

The Great Thanksgiving (Eucharistic prayer A)

BCP pg. 361

Eucharistic Prayer A Continues

BCP pg. 361

Celebrant and People *Spoken at 8 AM and sung at 10 AM*

Hymn S-125

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Eucharistic Prayer A Continues

BCP pg. 362

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Celebrant People Alleluia. Christ our Passover is sacrificed for us; **Therefore let us keep the feast. Alleluia.**

Celebrant This is the table of the Lord. It is made ready for those who love and those who want to love more. So come, you who have much faith and you who have little. You who have been here often and you who have not been here very long. You who have tried to follow and you who have fallen short – come! For it is the risen Christ who invites you. It is the risen Christ who wants to meet you here.

Communion *Gluten free wafers are available, ask the priest at the altar rail.*

Communion Hymn

This is the hour of banquet and song (*Morestead*)

Hymn 317

Post Communion Prayer

BCP pg. 365

Blessing

Recessional *Silent recessional at 8 AM, accompanied by Hymn at 10 AM.*

Come with us, O blessed Jesus (*Werde munter*)

Hymn 336

Dismissal

BCP pg. 366

Postlude

Pièce Brève en Eb

Eugène Gigout

Altar Flowers

The Altar Flowers are given to the glory of God.

This Week at St. Michael's

Sun., Jul. 21 (<i>Pentecost VI</i>)	8:00 AM 10:00 AM 10:45 AM	Holy Eucharist II Holy Eucharist II Nursing Home Service at Regency
Mon., Jul. 22		Office closed
Thu., Jul. 25	1:30 PM	Bible Challenge and Beyond(ers)
Fri., Jul. 26		Office Closed
	1:30 PM	Friday Bridge Group
	8:30 PM	Al-Anon
Sat., Jul. 27	10:00 AM	Yoga
Sun., Jul. 28 (<i>Pentecost VII</i>)	8:00 AM 10:00 AM 10:45 AM	Holy Eucharist II Holy Eucharist II Nursing Home Service at Regency

Those Serving Today

Lectors	10:00 AM	Roberta Thibodaux, Fran Olsen
Lay Eucharistic Ministers	10:00 AM	Colleen Schiefelbein, Tad McCall
Acolyte	10:00 AM	Wil Harkins
Ushers	10:00 AM	Linda Kelleher, Fran Olsen
Welcoming Ministry	10:00 AM	Molly French, Carole French
Altar Guild		Mary Cushing
Nursing Home Ministry		Linda Denson, Lalitha Samuel, Eric Samuel, Vicki Barnett
Counters		Janet Hansen, Karen Ruff
Coffee Hour		Carol Halvorson, Laura Clarke

Readings for Next Sunday

Genesis 18:20-32 • Psalm 138
Colossians 2:6-19 • Luke 11:1-13

Announcements

Daring Greatly Summer Book Study: Join in a summer book study of Brene Brown's book, Daring Greatly. Together we'll discuss vulnerability, shame, and whole-hearted living, through the lens of Dr. Brown's research. No previous exposure to Dr. Brown's work is necessary! We will gather from 7:00-8:30 PM on July 31 on the rectory porch.

Mission and Outreach Thank You: A big thank you to St. Michael's parishioners for their participation in two M&O summer activities. We had 18 potential donors and collected 15 units of blood during a June 15 blood drive that Dan Ruff organized through Inova Blood Services. (There will be another drive on Saturday October 5th.) In addition, we collected 1,071 diapers for Doorways, helping many babies and their mothers. Both Inova and Doorways expressed their sincere appreciation!

XYZ Lunch: Afternoon Delight: Join us, Thursday, August 1, for a potluck lunch at the rectory (1421 N. Jefferson St., a block north of Washington Blvd.). For this relaxing summer gathering, we'll enjoy old-fashioned conversation—no formal program. Pretzels and punch at 12. Lunch served at 12:30. Please bring ready-to-serve dishes. All are welcome, especially seniors. Please note: entering the rectory, requires climbing stairs. Contact: Evelyn Bence or Beth Franklin.

Backpacks for Fisher House Kids: We will be collecting 18 backpacks filled with school supplies for elementary, middle, and high school kids who reside at Fisher House (affordable housing at Westover Apartments.) Please look for the display in the Parish Hall to see what is needed. Purchase and drop off supplies by Sunday, August 11. Please contact Lisa Harkins @ [703-241-2453](tel:703-241-2453) or lisa.harkins@gmail.com if you have any questions.

A-SPAN Shelter: We need three volunteers for Friday, Aug. 2, to serve meals to 40 – 50 people at the Shelter between 5:30 and 7:30 PM. Sign up at <https://www.signupgenius.com/go/aspan>. Questions? Contact Linda Kelleher (lindakelleher@gmail.com).

Lost and Found: We've accumulated quite a few items in the Lost and Found in the office. If you think you might have something in the Lost and Found please check this week before we dispose of the items we've collected. If you have questions, please see Wil Harkins.

St. Michael's Staff

The Rev. Beth Franklin	Rector
Mr. Noel Warford	Music Minister
Ms. Colleen Schiefelbein	Seminarian
Ms. Beth Addington	Treasurer
Mrs. Lucy Jimenez	Nursery Attendant
Mr. Wil Harkins	Parish Administrator
Mr. David Donaldson	Director of Music, Emeritus

St. Michael's Vestry

Class of 2020	Michele Casciano, Penny Jones, Dan Plafcan (<i>Sr. Warden</i>), Molly White
Class of 2021	Barb Adams, Tim Matlack (<i>Jr. Warden</i>), Denny Saulman
Class of 2022	Caroline Haynes, Wendy Ikezawa (<i>Register</i>), Eric Samuel

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**ST. MICHAEL'S
EPISCOPAL CHURCH
ARLINGTON, VA**

Sunday, July 21, 2019

Sixth Sunday After Pentecost

Welcome!

Welcome if this is your first time with us! Welcome if you've been with us for a long time. You honor us with your presence, and we look forward to knowing you better. The root of the word *liturgy* is "the work of the people." Meaning all that happens in the sanctuary with the community who gathers works because of your participation. The beautiful thing about this invitation to participate is that, who we are and what we bring is enough because God meets us here! So don't worry about "doing" anything "right." Whether you've been to Episcopal services since you were a baby, or this is your first, we hope you'll worship in the way that is most comfortable to you. The service instructions about standing, kneeling, and other directions are intended to help clue you into the habits of this particular community.

The words of our worship service are lifted from the Episcopal (and before that Anglican) tradition. The thing that sets us apart from other denominations is our dedication to Common Prayer. These same words have been used for hundreds of years by people all over the world, and are still used today. The hope of finding ourselves in the midst of this ancient tradition is that we might both learn from those who have come before, and add our own voices to the heavenly chorus.

Sounds from children, young and old, are a valuable part of our prayer life – not a distraction from it! Families are encouraged to sit in the front of the sanctuary, allowing children as many opportunities to follow along and participate as possible. We offer children's chapel for those who would prefer an offering specifically catered to children. We also have a nursery that operates as a co-op model available to families. Please ask our ushers for more information.

The BCP stands for the Book of Common Prayer, which is the red book found on the shelf in the pews. *The 1982 Hymnal* contains songs of our tradition, which may be found on the shelf in the pews.

Order of Worship

Prelude

Vorspiel und Sach "Mit Freuden Zart" Hugo Distler

Procession *Silent procession at 8 AM, accompanied by Hymn at 10 AM*

Lord, enthroned in heavenly splendor (*Bryn Calfaria*) **Hymn 307**

The Holy Eucharist: Rite II **BCP pg. 355**

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever. Amen.**

Collect for Purity **BCP pg. 355**