



# The GUARDIAN

The monthly newsletter from St. Michael's Episcopal Church

## June 2011

### Content Highlights

Congratulations, Graduates!	2
Treasurer's Report	4
June/Early July Calendar	5
Prayer List	5
Vestry Notes	6
Please update your parish directory...	6
April XYZ Meeting	6
Mission & Outreach News	7
A Brazilian Poem of Inspiration	8
Mark your calendar for Vacation Bible School	8

The deadline for the July/August 2011 issue is Thurs., June 30, 2011

Our mission is to provide a nurturing spiritual community in Christ Jesus as the foundation from which we strive to go forth and serve God by the power of the Holy Spirit.

## Entertaining Angels

At St. Michael's, every person who sits in the pews has something in common: every person was a newcomer at some point. It could be your first time in the building was 50 years ago, or 5 years ago, or 5 months ago, or perhaps you are contemplating your first visit. Even I was a newcomer 8 ½ years ago. I wonder if your first time was like mine on Thanksgiving Day 2002—I didn't know where my seat was until about 2 minutes before beginning the service. Maybe you felt uncertain about where to sit or what book to use or if you should stand or kneel. Do you remember the first person who welcomed you? Did you feel at home right away, or did it take some time for you to find your place?

Each of us has a reason we first came to St. Michael's. Most people who visit and join a new church are going through some change in their life. It might be a new baby, or a move, or a need for a new worshiping community. Some people want to come and go quietly. Others are waiting for an invitation to go deeper into community. Whatever their need is, we want to give every person who comes to St. Michael's an opportunity to find a place to encounter God through community.

This month, I am forming a Newcomer's Commission. Their task will be to help us all be more intentional in our welcome of those who come to St. Michael's at one of those times of change. Hebrews 13:2 reminds us: "Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it." Let us not neglect this important ministry, the ministry of welcome.

*In Christ  
Leslie Hague+*



## Summer Choir Schedule

The Summer Choir will sing at the 10:00 a.m. service on Jul. 10, Jul. 24, Aug. 7, and Aug. 21.

The Summer Choir is a less formal group than the Adult Choir and Youth Choir, and the anthems can be sung by a small group with little preparation. On the Sundays when the Summer Choir will sing, please meet for rehearsal at 9:15 a.m. in the Music Room if you'd like to join us.

Everyone who is interested in participating, no age limitation, is welcome.

*David Donaldson*



## Congratulations, Graduates!

*May and June are busy months for many St. Michael's families. Best wishes to all who have completed a variety of milestones in their academic careers.*

**Gillian Conly** graduated cum laude from Colby College on May 22. Gill, the daughter of Jock and Laurie Conly, majored in psychology with a minor in education. During her college years; she did considerable practice teaching in the public elementary schools of Waterville, Maine, was a resident advisor in Colby's campus dormitories for three years, and spent a semester of her junior year in Tamil Nadu, in southern India. This summer she will go to San Francisco with Teach for America for two years to teach school.

**Madeline Botticello** is graduating as a valedictorian from Yorktown High School in June. She will be attending the University of Virginia and will be studying English and Foreign Affairs. At Yorktown, she participated in the Yorktown Marching Band, was President of Tri-M (a music honor society), and treasurer of the YHS Gives Back Club.

**Caroline Harman** will graduate from Yorktown H.S. on Jun. 23, with awards in literature and theatre, and having attended the Governor's Language Academy (StartTalk) in Arabic. She will attend Bard College in Annandale-on-Hudson, N.Y. in the fall. Her future studies will likely include literature and dance, with some languages, theatre, and study abroad possibilities as well.

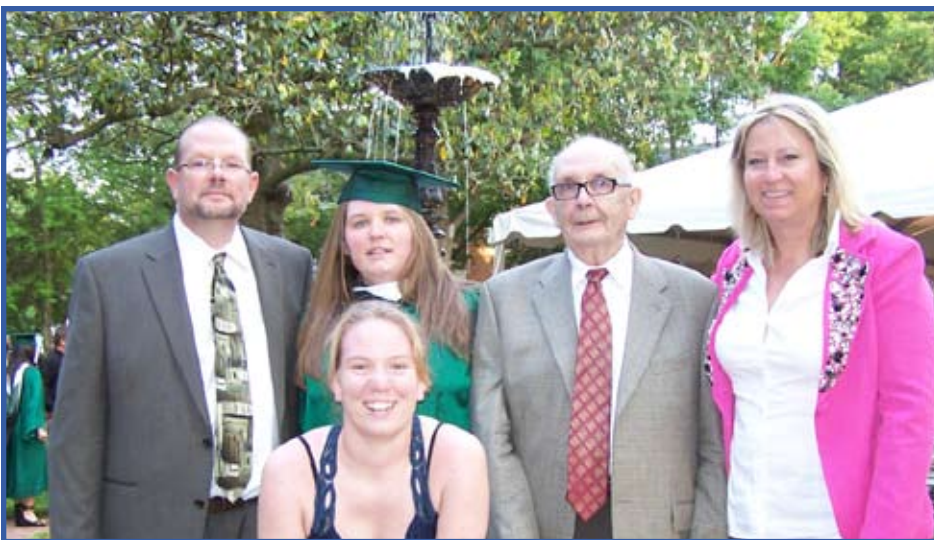
On May 21, **Molly Harman** graduated from Elon University, in Elon N.C. She majored in International Studies, minored in Middle Eastern Studies and also minored in Italian Studies, and was inducted into the Sigma Iota Rho International Studies Honor Society. She studied abroad for a semester in Perugia, Italy, and for another semester in Cairo, Egypt, and participated in a service program in Morocco. Combining her love of travel and her language abilities in Spanish, Italian, and Arabic, Molly hopes to enter the Foreign Service, or pursue another international career.



*Madeline Botticello*



*Caroline Harman*



*Three generations of Hightowers attend Samantha's graduation:  
Rick, Sami, Jack, Cheryl (back) and Jacki (front).*



*Molly Harman*

---

## Congratulations, Graduates!



**Samantha Hightower** graduated from Peace College in Raleigh, North Carolina with a BA in Business Administration with a Minor in Leadership. She is currently working as an assistant manager for China Peace Restaurant while on the proverbial job hunt.

**Marjory Katon** graduated on May 15 from Embry Riddle Aeronautical University with a Master of Science in Engineering Physics. She has accepted a position as a Physicist at the National Air and Space Intelligence Center, a part of the Department of the Air Force located at Wright-Patterson Air Force Base in Dayton, Ohio. She begins her position in July.

**Kaity Menoche** will be graduating from Washington-Lee High School in June. She plans to attend the College of William & Mary in the fall. As for her future, her parents say that she is a superstar and will be successful in anything that she sets her mind to accomplish.

**Melanie Paret** graduated from Butler University on May 15 with Bachelor of Science, with honors, in Arts Administration.



**Haley Sanner** is graduating from H-B Woodlawn Secondary Program where she has been actively involved in ultimate Frisbee, swimming and community service. Haley plans on attending Davidson College in the Fall to likely pursue a degree in applied mathematics. She has just completed two years of service with the Arlington Community Foundation and is completing an internship at Arlington Economic Development. Locally, she is a recipient of the Arlington School Administrator Scholarship.



*Haley Sanner*

**Matthew Vittone**, son of Laurie and Jock Conly, was graduated from Harvard Law School on May 26. During his three years in law school, Matt served on the General Board of the Harvard Civil Rights-Civil Liberties Law Review and developed a particular interest in intellectual property rights and art and media law. In his law school summers, Matt worked for the legal departments of HBO and MTV Networks, and interned at a music law firm in New York City. Matt spent this past winter working in Sydney, Australia for the non-profit Arts Law Centre of Australia on a Cravath International Fellowship. After taking the New York bar exam later this summer, Matt plans to move to Manhattan where he will start his new job with the law firm Paul, Weiss.



*Madeleine Weierbach*

**Madeleine Weierbach** will be graduating from Yorktown High School in June. She plans to attend High Point University in High Point, NC. Madeleine received a four year Presidential scholarship which includes a stipend for studying abroad.

## Treasurer's Report

*Our mission at St. Michael's is to "provide a nurturing spiritual community in Christ Jesus, from which we go forth and serve God by the power of the Holy Spirit."*

We use the Operating Fund, which covers day-to-day parish activities and budgeted outreach commitments, to help make that mission happen. The 2011 Operating Fund budget, approved by the Vestry at its January meeting, projects an overall deficit of \$28,900 in 2011, resulting from projected income of \$318,000 (including \$280,000 in pledge income) more than offset by planned expenses of \$346,900. Since the Operating Fund started 2011 with a balance of about \$88,000, this budget deficit translates into an Operating Fund balance of approximately \$59,000 by the end of the year, or about two months of expenses.

Operating Fund results through April, presented below, show an overall net positive income of about \$2,600 for the period January-April 2011. However, this only happened because three annual pledges already have been paid in full and because expenses were lower than planned in several areas (due to fewer hours worked early in the year, lower than planned maintenance activities, and few parish activities/education expenses). Please note that if the pre-paid pledges were amortized over the full year, the Operating Fund would stand at an overall deficit. **With the year one-third complete and without additional income inflows, the St. Michael's Operating Fund is projected to show a deficit for 2011 of about the budgeted level of \$28,900.**

*Respectfully submitted,*

*Laura West*

[treasurer@stmichaelsarlington.org](mailto:treasurer@stmichaelsarlington.org)

### Operating Fund Results: Jan-Apr 2011 (nearest \$100)

	Jan - Apr 2011 Actual	Jan - Apr 2011 Budget	\$ Over Budget
OPERATING FUND OPENING BALANCE (1/1/2011)	88,200	88,200	
<b>Income</b>			
Pledges	100,900	93,300	7,600
Other Income and Transfers	11,400	12,700	-1,300
<b>Total Income</b>	112,300	106,000	6,300
<b>Expense</b>			
Total Salaries & Benefits	65,300	69,800	-4,500
Total Buildings & Grounds	16,200	17,600	-1,400
Total Parish Administration	12,800	11,300	1,500
Total Parish Activities / Education	3,700	5,300	-1,600
Total Outreach & Mission	11,700	11,700	0
<b>Total Expense</b>	109,700	115,700	-6,000
<b>Net Income</b>	2,600	-9,700	12,300
OPERATING FUND ENDING BALANCE (4/30/2011)	90,800	78,500	12,300



## Summer Guardian Issues Combined

One issue of *The Guardian* will be published for July and August. The deadline for that issue is Thurs., Jun. 30, 2011.



**St. Michael's Episcopal Church**  
**1132 N. Ivanhoe Street**  
**Arlington, VA 22205-2445**  
**703.241.2474; Fax 703-237.7757**  
**parishoffice@stmichaelsarlington.org**  
**www.stmichaelsarlington.org**

Rector: Leslie Hague  
 Priest Associate: George Caldwell  
 Corry Weierbach  
 Parish Administrator: David Bell  
 Organist: David Donaldson  
 Director of Christian Education: Melanie Monahan

*The Guardian* Staff  
 Editor & Layout: Cindy Matlack  
 Copy Editor: Vicki Reich  
 Photographers: Lisa Harkins & Ken Cook

Contributing Writers: Maria Abbott, Judy Andrews, Jim Burke, Laurie Conly, Pat Kennedy, Sandra Phaup, Sam Smith, Jeffrey Spinks, Corry Weierbach

Articles, comments & suggestions are welcome and should be placed in *The Guardian* mailbox at church or e-mailed to [guardian@stmichaelsarlington.org](mailto:guardian@stmichaelsarlington.org). All articles are subject to editing.

---

## June/Early July Calendar of Events

### SUNDAY WORSHIP & EDUCATION

#### JUN. 5

- 8:00 a.m. Contemplative Eucharist
- 10:00 a.m. Holy Eucharist Rite II  
Children's Chapel
- 10:45 a.m. Holy Eucharist—Potomac
- 11:15 a.m. Sunday School  
Adult Forum

#### JUN. 12 PENTECOST

- 8:00 a.m. Contemplative Eucharist
- 10:00 a.m. Holy Eucharist Rite II  
Children's Chapel
- 10:45 a.m. Morning Prayer—Potomac
- 11:15 a.m. Sunday School

#### JUN. 19

- 8:00 a.m. Contemplative Eucharist
- 10:00 a.m. Holy Eucharist Rite II  
Children's Chapel
- 10:45 a.m. Morning Prayer—Potomac
- 11:15 a.m. Sunday School

#### JUN. 26

- 8:00 a.m. Contemplative Eucharist
- 10:00 a.m. Holy Eucharist Rite II
- 10:45 a.m. Morning Prayer—Potomac

#### JUL. 3

- 8:00 a.m. Contemplative Eucharist
- 10:00 a.m. Holy Eucharist Rite II
- 10:45 a.m. Morning Prayer—Potomac

#### JUL. 10

- 8:00 a.m. Contemplative Eucharist
- 10:00 a.m. Holy Eucharist Rite II
- 10:45 a.m. Holy Eucharist—Potomac

### WEEKDAY & SATURDAY SERVICES

Fri., Jun. 10; Jul. 8      Holy Eucharist at Powhatan at 11:00 a.m.

#### ACTIVITIES

Adult Choir Rehearsal—Thurs., Jun. 5, 12, 19 & 26 7:30 p.m.  
Adult Handbell Choir Rehearsal—Thurs., Jun. 2 & 9 at 7:00 p.m.  
Book Group (evening)—Jun. 6 at 7:30 p.m.  
Book Group (daytime)—Wed., Jul. 6 at noon  
Homeless Bagged Meal Preparation—Sun., Jun. 12; Jul. 10 at 4:00 p.m.  
Meals on Wheels—Jun. 8, 13 & 27; Jul. 11 & 13  
Parish Potluck Supper for Charles & Barbara Heath—Sun., Jun. 19 at 6:00 p.m.  
Wholly Knit & Whine— Sun., Jun. 5 at 3:00 p.m.  
XYZ—Thurs., Jun. 2 at noon  
Youth Choir Rehearsal—Jun. 4, 11, 18 & 25 at 7:00 p.m.

#### MEETINGS

Al—Anon      Fri., Jun. 3, 10, 17 & 24 at 8:30 p.m.  
Finance Committee      Mon., Jun. 13; Tues., Jul. 12 at 7:30 p.m.  
Guardian Committee      Virtual Meeting by e-mail, week of Jun. 20  
Newcomers Commission      Tues., Jun. 14 at 7:30 p.m.  
Vestry      Tues., Jun. 21 at 7:30 p.m.

**Jun. yellow envelope collection:** 1st Sunday—Rector's Discretionary Fund; all other Sundays—Doorways for Women and Families (see p. 7 for more information)

**Jun. basket collection:** Non-perishible food for The Arlington Food Assistance Center (AFAC); see p. 7 for the list of current needs.

---

## June & Early July Birthdays & Anniversaries

**BIRTHDAYS:** Dennis Sheffield, 6/1; Linda Kelleher, 6/6; Patrick Dexter, 6/7; Oliver Uz, 6/7; Christina Moore, 6/9; Brett Brown, 6/10; Charles Paret, 6/10; Mark Powell, 6/10; Ethan Pilot, 6/12; Terri Katon, 6/14; Madeline Botticello, 6/17; Nancy Tate, 6/18; John Crawford, 6/27; Ed Menoche, 6/29; Andy Botticello, 6/30; Matthew Vitone, 7/1; William Edmisten, 7/3; Alex Matlack, 7/3; Stephen Pelszynski, 7/3; Caroline Harman, 7/4; Ken Ditzel, 7/5; Jamie Hagerbaumer, 7/8; Matthew Vance, 7/9; Linda Crawford, 7/10; Marion Holst, 7/10; Sam Scott, 7/12; Robette McLellan, 7/13 and Jane Longan, 7/15

**ANNIVERSARIES:** Jamie Hagerbaumer & Ken Ditzel, 6/3; Lynn Klubek & Charley Roberts, 6/19; Linda & Dwight Denson, 6/20; Penny Jones & Jim Cornelius, 6/22; Elizabeth & Brett Brown, 6/23; and Victoria & Edward Reich, 6/28; Fran Olsen & Bob Houston, 7/8; Kathleen & George Caldwell 7/12; and Laura & Steve Bennett, 7/14

---

## Prayer List

*In our parish family we pray especially for* Nancy Bailey, Jack Babcock, Kay Ferris, Dennis Sheffield, Dick Jacoby, Trudy Bartis, Anne Jacoby, Patti, Dave Wright, Patrick Dexter, Marion Holst, Tara Hager, The Weierbach Family, James Kennedy, Judy Sullivan, The Bennett Family, and Jim Truitt.

*In the wider community we pray especially for* Erin, Beth, Mark, Laura, Paula, Jim, Dennis, Joe, Dan, The Hatch Family, Debbie, Kathy, and all persons served by our Nursing Home Ministry.

**IN MEMORIUM:** We pray for all who have died, especially Bill Hatch (father of Laura Bennett) and Mary Delia Rush.

## Vestry Notes

The Vestry met on May 17, 2011 and reviewed the Audit committee report for 2009 in great detail. No problems were found, but there were some lack of process and vulnerabilities noted. The Vestry plans to follow-up on the audit committee's recommendations. The Vestry appreciates the efforts of the audit committee and commends all its members: Bob Weierbach, Ed Menoche and Paul Sullivan.

The Mission and Outreach Committee met and plans to give the Schandorff's \$1,000 for language school in preparation for their mission in Haiti. Father George is preparing for June adult education class either on healing or Gospel of St. John.

Other items covered included:

- *The Guardian* needs writers and photographers;
- The Rebecca Guild will have lunch at Rectory on May 26;
- The Wednesday book club is reading *The Patron Saints of Liars* for May 25 meeting;
- Volunteers are needed to assist with the taping of the Sunday sermons. Kevin Laskowski is currently handling the project;
- Fran Olsen will speak on the U.S. maritime industry at the June 2, XYZ meeting;
- The Ministry Fair will be on May 22, after the 10 a.m. service;
- Carlos, our Sexton, will be in Peru in September and has arranged for Lucy to substitute for him;
- Mother Leslie reported on Bishop Shannon's meeting on the Blessing of same sex unions and the Vestry will discuss this further at their June meeting; and
- In building and grounds issues: the water heater will be replaced and water fountains capped; the design committee needs to meet about the bathroom in the Parish Hall; the sidewalks need to be repaired very soon; and a contractor will be visiting St. Michael's to look at the gutters.

*Fran Olsen*



## April XYZ Meeting

At the April meeting of XYZ, Dr. Julia Carter gave the group an inside look at her career at her clinic, Sacramento Veterinary Hospital, in southern Alexandria (near Fort Belvoir), where she treats small animals, primarily dogs and cats.

Via a series of laptop photos, the group saw the waiting area and treatment facilities, including a tub with a submerged treadmill where animals receive rehabilitation aqua-therapy for paralyzed and injured limbs. At times Julia has to don her bathing suit and get into the tub to help move a dog's leg.

Julia told stories about her childhood interest in becoming a veterinarian and the education necessary to practice as a vet. She indicated the demand for that education is continuous because, just as in the human medical field, new techniques are constantly being developed. One of Julia's recent courses qualified her to use acupuncture on animals.

Through the years people have questioned Julia about using her talents to help animals rather than humans. She feels she is helping both the animals and their owners by what she does. At times she finds herself acting as a grief counselor when veterinary skills can no longer cure or relieve an animal's distress.

Thank you, Julia, for your informative as well as entertaining program.

*Jane Cook*



## Please update your parish directory...

Mr. Denny Saulman  
5840 21st Street N., Arlington, VA 22205  
703-533-1725

## Doorways for Women and Families

**D**uring the month of June, the yellow envelope collection will go towards Doorways. While St. Michael's has been a regular supporter of Doorways for many years, it might help some of our newer parishioners to have a bit more background on this important ministry in our community.

Doorways for Women and Families strives to end homelessness and family and intimate partner violence by offering safe shelter and housing, life changing support services and community advocacy. Prior to Doorways' founding in 1978, the only shelter for battered or homeless women and their children in Arlington was a night in a motel. Doorways was developed through an interfaith collaboration and became Arlington's first emergency and safe house shelter. During the 1980s, two houses were purchased to establish permanent homes for the shelters. With the generosity of donors, volunteers and staff, Doorways has provided a lifesaving continuum of care, hope and safety for thousands of women and children who experience the crises of domestic violence and/or homelessness.

For a complete list of the services offered, check out their website at [www.doorwaysVA.org](http://www.doorwaysVA.org).

Monthly tours at the Freddie Mac Foundation Family Home are now available. The Brighter Futures Tours illustrate the mission and services of Doorways, as well as showcase the Freddie Mac Foundation Family Home. During each tour guests learn about the specialized services Doorways provides to survivors of domestic and intimate partner violence and family homelessness, as well as hear inspirational stories of Doorways clients who have overcome adversity to build safe and successful futures for themselves and their families. Doorways recently announced the appointment of Caroline Jones as the new Executive Director.

*Caroline Haynes  
M&O Committee*

## St. Michael's Notecards for Sale



**N**ew St. Michael's notecards have been printed and are being offered for sale. The cards are \$5.00 for a set of 10. Proceeds of the sale will go to the Rector's Discretionary Fund.

The cards will be available during the 10:00 a.m. coffee hour until Jun. 12. You can also purchase them during business

hours in the parish office (but please have exact change or a check (payable to St. Michael's with "notecards" in the memo line) as David Bell will not have cash on hand to make change.)

## June Basket Collection for AFAC

**O**ur basket collection for June benefits the Arlington Food Assistance Center (AFAC). When considering what to donate, AFAC suggests the following:

The best food donations are healthy (lowfat, low-sugar, low-sodium), but also meet the needs of the multicultural community—Bolivians, El Salvadorians, Russians, and more—that come to AFAC for supplemental groceries.

- Cereal (low-sugar) is a popular request among families with children.
- Masa (corn flour) is more finely ground than cornmeal. Our clients can't get enough of this.
- Instant packets of oatmeal are needed, but a canister means more bang for your buck. And, regular oats have more fiber and nutrients than instant oatmeal.
- One of our most requested items is cooking oil (canola, vegetable, olive). A single bottle goes a long way.
- Rice is a very popular item. Brown, white, long-grain, short-grain...all types are a daily staple in many clients diets.
- Most clients prefer dry beans (over beans in a can) that they can make whatever way they'd like. Red, black and kidney beans are all popular! They are high in fiber and protein, rich in iron, and low in fat.
- Tuna, sardines, salmon, and chicken stock a lot of protein in a little can.



### **A Brazilian Poem of Inspiration**

Don't speak of peace, practice it.  
Don't speak of music, sing it.  
Don't speak of flowers, plant them.  
Don't speak of love, give it.  
Don't speak of God, believe.  
Don't speak of faith, feel it.  
Don't speak of joy, spread it.  
Don't speak of life, live it.  
Don't speak of loving, love.

*Submitted by Maria Abbott*



### **Mark your calendar for Vacation Bible School**

Shake it Up Cafe:  
Where Kids Carry out  
God's Recipe

July 25-29, 2011

*The registration form is now  
available at*

[www.stmichaelsarlington.org](http://www.stmichaelsarlington.org)



St. Michael's Episcopal Church  
1132 N. Ivanhoe Street  
Arlington, VA 22205-2445

Please contact us at  
703.241.2474 (office phone)  
[parishoffice@stmichaelsarlington.org](mailto:parishoffice@stmichaelsarlington.org) (e-mail)  
or visit us on the web @[www.stmichaelsarlington.org](http://www.stmichaelsarlington.org)